

YOVANO YOVANKA (Yó-yah-nó, Yó-yah-né-keh)

(Macedonian)

As learned in Sofia, 1958, by Michel Cartier of Montreal, Canada. This dance is a fixed-sequence form of "Lesnoto", as danced in the town of Krushevo -- it is also known as DE MARO SELFIO. Presented at COP, 1959, by Dick Crum and at Santa Barbara Folk Dance Conference, 1959 by Mary Ann Herman.

MUSIC: Record: Folk Dancer MH 3055 "Yovano Yovanka".

FORMATION: Open circle, no ptrs, arms on neighbors' shoulders.

STEPS: Described under dance "Pattern". The rhythm is 7/8, most easily broken down into a 1-2-3, with a hold on ct 1. (C. 188 45, 67).

Music - 7/8

Pattern

Meas.

8 meas intro. Dancers stand in formation position.

- I. (Done during singing of text)
- 1 Step to R on R, turning a bit to R (ct 1); "lift" slightly on R, bringing L ft fwd in front of R, ready to step (ct 2); step on L (ct 3).
- 2 Step on R to R, turning to face ctr (ct 1); swing L ft up in front, knee bent (M higher than W), rising on R toe and then coming down again (ct 2); L knee remaining in position of ct 2, rise again on R and come down again (ct 3).
- 3 Reverse all action of meas 2.
- 4-21 Repeat action meas 1-3 six times more. (Pattern I is done 7 times).
- II. (Done during instrumental interlude, but begins on the "no" of the word "Yovano" at end of repeat of verse).
- 22 Step on R in place (ct 1); Step on L in place (ct 2); Step on R in place (ct 3).
- 23 Moving twd ctr step on ^LR (ct 1); moving twd ctr, step on ^RL (ct 2); step on L beside R (ct 3).
- 24 Step obliquely bwd to R on R (ct 1); place L behind and a little to the R of R ft (ct 2); take wt on L (ct 3).
- 25-30 Repeat action Fig II, meas 22-24 twice more. (Pattern II is done 3 times)

Repeat dance from beginning twice more. Fig. II is not complete the last time.

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