## (Russia)

This Russian dance, with 4 cpls to a set, is described in "Russian Quadrilles, Edition Art" published in Moscow, U.S.S.R. 1945. The tune comes from Central Russia & although the steps are not native, they have the Russian style. In this quadrille the village dancers tried to act like city people. Each W was VERY much a lady. wearing her fance "store boughten" dress. The M combined some "city" garments with the usual attire & danced. proudly, flirting with the W. Anatol Joukowsky presented this dance at the 1961 University of the Pacific Folk Dance Camp.

Record: "BERYOZKA DANCE ENS. IN RUSSIAN DANCES", BR 50075, Side A, Band 1. No Introduction.

(3) M (2) . W M

FORMATION: Cpls 1 & 4 side-by-side, backs to music, W on M's R; Cpl 4 to L of Cpl 1. Cpls 2 & 3 stand opp, about 6 ft away. Cpl 2 face Cpl 1; Cpl 3 face Cpl 4, each W to R of ptr. M hands hand naturally at sides. When either or both hands are free, W hold skirt lightly twd front, back of hand up. M flirt with W: keep body erect. W are very much of a lady.

STEPS & STYLING:

WALKING: one step to a ct. Knees relaxed & flexible. RUSSIAN POLKA: A polka with the hop omitted on the upbeat, so the step actually resembles a two-step. WALK-POLKA-COMBINATION: (2 Meas) Walk HL (cts 1.2); beg R, dance 1 Russian Polka (cts 1,2,2). Next Comb. would beg L. Used only by W. There should be a VERY slight sho movement on the walk; no skirt movement. SIDE BALANCE: Step to L side with L (ct 1); close R to L, no wt (ct 2). May beg with R to R. Take small steps; danced smoothly.

Meas	 NO INTRODUCTION.
1-4	I. HONORS  W stand in place. M beg R advance to W directly opp with walking steps (2 Meas). Close R to L (Meas 4; ct 1); bow to opp W (ct 2). Cpls 1 % 2, 3 % 4 are working tog.
5-8	M beg L, walk bkwd to place with 6 steps. Close ft tog

(Meas 8, ct 1); bow to ptr (ct 2).

- 9-12 M stand in place. W beg R advance to opp M with 6 walking steps. (On Meas 12 curtsy to opp M R ft behind on curtsy).
- 13-16 W beg R walk bkwd to place with 6 steps. On Meas 16 curtsy to ptr.
- II. WOMEN STAR CIRCLE
  M remain in place. W form R hand star by extending arms
  but do not hold hands at ctr. Using 2 Walk-Polka Comb.,
  beg H, circle CW 1/2 way round to diag opp M: W 1 go to
  N 3, W 2 to M 4, W 3 to M 1, W 4 to M 2.
- 5-8 Hook L elbows with M & circle once CCW. W use 2 Walk- O' Polka Comb while M walk 8 steps, beg R.
- 9-12 W repeat action of Meas 1-4, FIG. II, to return to ptr.
- 13-16 Hook L elbows with ptr & circle 1/2 CCW to finish in own place. W use 2 Walk-Polka Comb. while M walk 8 steps, beg R, to finish in orig pos facing opp cpl.
- 174 Ptrs join inside hands, elbows bent. Advance to meet opp cpl (cpl 1 to 2; etc). M use action of FIG. I. Meas 1-4, while W use action of FIG. I. Meas 9-12.
- 5-8 Walk blood to place with 8 steps. On last 4 steps wheel 1/4 turn as a cpl, to finish in place facing adjacent cpl. Cpl 1 now faces cpl 4.
- 9-16 Repeat honors to this new cpl. Wheel 1/4 turn on last 4 cts to finish in orig formation.
- IV: ARCHES.

  1-4 Cpls 1 & 3 raise joined inside hands sharply (on 1st ct) to form arches & beg Reall advance to opp cpl's place with 8 walking steps. Cpls 2 & 4 duck under arches. Wheel 1/4 turn at end of action to face new cpl. Cpl 1 now faces Cpl 4.
- 5-8 Cpls 2 & 4 now arch sharply on first ct & beg R advance to new corner with 8 walking steps. Cpls 1 & 3 duck. Finish with 1/4 turn to face new cpl. Cpl 1 now faces Cpl 2.
- 9-12 Cpls 1 & 3 arch sharply. Repeat action to new corner & finish with 1/4 turn to face new cpl. Cpl 1 now faces cpl 4.
- 13-16 Cpls 2 & 4 arch & repeat action to home pos. Finish in orig formation.

  NOTE: During this FIG. all cpls travel once around the set alternately arching & ducking, with cpls 1 & 3 starting the arches; cpls 1 & 3 travel CCW, cpls 2 & 4 CW.

continued.

#### V: PROMENADE

- 1-2 All M walk to ctr of set, R,L,R, close L to R. W wait in place.
- 3-4 Using same ftwk, W move to stand directly behind ptr. On last ct W tap M lightly on R sho with R hand. M stand in place.
- 5-6 Using same steps as in Meas 1-2 (FIG. V), M turn R to face ptr & offer R hand to her. W place R hand in M's R.
- 7-8 M turn W 3/4 CCW (L) under raised joined hands, while she steps L.R.L. On 4th step (R), release joined hands & W takes M's R arm with L. M meanwhile make 1/4 turn L so ptrs are facing CCW, with R shes two orig pos.
- 9-10 Cpls walk CCW with 4 steps, beg.L.
- 11-12 With 4 more steps W move to M ahead, make 1/2 turn L & hook R arm in M's L, while M makes 1/2 turn R on the 4 steps to pick up W behind. Cpls are now M1-W4, M2-W1, M3-W2, M4-W3, all facing CW.
- 13-14 Beg L, cpl's walk CW with 4 steps.
- 15-16 With 4 more steps W move to M ahead (orig ptr), makes 1/4 turn R to face ptr, no wt on last step. At the same time he turns 1/4 L to face her, his back to ctr, facing orig pos. Ptrs join both hands straight across, held out easily to side, slightly below sho level.

### VI: WOMEN VISIT MEN

- 1-2 Beg M L, W R, move out from ctr with 3 steps (cts 1,2,1) & close feet tog (ct 2), no wt.
- 3-4 Moving bkwd twd ctr, repeat action of Meas 1-2, FIG. VI, but beg M R. W L.
- 5 Side balance to M L, W R.
- 6 Side balance to M R, W L.

Fix Office. Or

- 7-8. With 4 steps beg R. W turn once R to progress to M on her R. At the same time M, beg L, step almost in place & join R hands straight across with next W on his R.
- 9-32 Repeat action of Meas 1-8, FIG. VI, 3 more times. W progress around the set to finish with ptr in starting place, both hands joined.

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### VII: WOMEN CIRCLE

1-16 Release hands. M beg R with 8 walking steps pass L sho with ptr & move to orig place in set, turn R to face ctr of set. Stand in place for rest of FIG.

Simultaneously W perform the following action: Beg R, use Walk-Pelka Comb. 4 times to move to ctr, join hands sho high, elbows bent, & circle R (CCW). Circle L (CW) with 4 more Walk-Pelka Comb. Finish in front of ptr, both facing ctr. W release hands & hold skirt.

# VIII: MEN VISIT WOMEN

- 1-2 M beg R. walk 4 steps diag R to face W to R, while W turn R with 4 steps to face out of set.
- M dance in front of new W. Stamp R (ct 1), hit L heelbeside R, no wt (ct 2); stamp L beside R (ct 2), hit R heel
  beside L, no wt (ct 2). Stamp R.L.R (Meas 4, cts 1,2,2);
  hold (ct 2). No wt on last stamp R. Simultaneously, W
  dance 2 Side Balance steps in place, R.L. Balances are
  danced very smoothly 2 may be so small as to become a sway.
- 5-16 M repeat action of Meas 1-4 (FIG. VIII) 3 more times, while W con't Side Balance steps in place. M travel to new W on R each time. On Meas 15-16, instead of stamps to own ptr. join both hands straight across & both walk 3 steps to L in small circle to change place. On last ct assume ball—room pos. M back to ctr.

## IX: COUPLES POLKA

1-16 In ballroom pos, polka with ptr, turning CW & moving CCW around the set. REMAIN IN OWN SET. Keep steps small a close to the floor, so this part of the dance is very fast. M close heels with click to end dance.

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