

QUADRILLE - POLKA
Russian Quadrille

This dance was taught by Anatol Joukowsky at the Folk Dance Federation-South's Institute held in Santa Monica, Calif., Jan. 29-30-, 1955.

MUSIC: Record: Argee 1017-A, Stinson 3157-A.

FORMATION: 4 cpls in longways formation: Cpls 1 & 4 side by side, backs twd music (cpl 4 to L of cpl 1); cpl 2 facing cpl 1, cpl 3 facing cpl 4; W on M R. Hands hang naturally at sides.

STEPS: *TROPKA* (Trail): Step R, L (ct 1, &), step and chug fwd on R, extending L leg fwd and slightly twd R, pointing L toe downward and outward (ct. 2). (As L leg is extended, body is turned slightly twd L.) Repeat, starting L.

VERIVOCHKA (Russian Skip Step): In place, alternating ft, starting R behind L, displace each ft.

REST STEP: (Performed in place.) Step R (ct 1) touch L heel, toe out (no wr) at R instep, turning body twd L (ct 2). Next step starts L. M performs step more vigorously than W (with light stamp on ct 2).

PRYSIADKA: M, hands on hips, squat with back straight, knees out in wide V (ct 1); straighten knees and (with slight leap twd R) extend L leg diag L, heel on floor, toe up and R arm high (ct 2). This step may be reversed, extending R.

Note: Throughout dance, when hands are on hips palms are up, fingers back and pointing downward.

MUSIC 2/4

PATTERN

Meas.

I. *BOWS*

- 1-2 With hands at sides, M turn $\frac{1}{4}$ L, W turn $\frac{1}{4}$ R, and bow.
- 3-4 M turn R (CW) and W L (CCW) to face ptr and bow.
- 5-6 Starting R (hands still at sides) walk fwd 3 steps to opp person. On ct 4, close ft & bow.
- 7-8 Starting L, all walk 3 steps bwd to original place. On ct 4, bow to own ptr.

II. *MEN VISIT*

- 1-4 Starting R, all M walk 8 steps, touching L hands (high) with opp M and passing to L of opp M, then continuing CCW around opp W.
- 5-8 Continue to own place with 4 Tropka steps, hands on hips. During this fig, W dance 8 slow Rest Steps.

III. *WOMEN VISIT*

- 1-4 Starting R ft, all W walk 8 steps, touching R hand (high) and passing to R of opp W, then continuing CW around opp M.
- 5-8 Continue to own place with 4 Tropka steps. During this fig, M dance slow Rest Step.

IV. *CIRCLE CW*

- 1-4 4 cpls form single circle and, with hands on hips, walk 8 steps CW.
- 5-8 Continue CW to approx original pos with 4 Tropka steps. (Retain circle formation.)

V. *M BRUSH STEP*

- 1-2 Forming inside circle and progressing CW, M step R (ct 1), brush L heel fwd and slap L thigh (downward) with back of L hand (ct 2). Step L, R, L (cts 1 & 2, meas 2), passing 2nd W. (Count own ptr as number 1.)
- 3-4 M repeat action of Fig V, meas. 1-2, to 3rd W (completing $\frac{1}{2}$ circle). Simultaneously, W dance Rest Step.
- 5-8 M walk 8 steps CCW around 3rd W. At the same time W walk 8 small steps CW in own very small circle.
- 9-16 Repeat action of Fig V, meas 1-8, M circling CCW around own ptr. M finish on inside, back to center.

VI. WOMEN CIRCLE OUTSIDE

- 1-2 With arms folded across chests, W move twd ptr with 3 steps (RLR) and extend L heel to touch floor in front of R.
 3-4 W move bwd, L, R, L and extend R heel to touch floor in front of L.
 5-8 W place hands on hips and with 8 light running steps go CW around outside of circle. Stop in front of 3rd M (counting own ptr as number 1.)
 Simultaneously, M (hands on hips, wt on R ft) flex R knee (ct 1) stamp L (ct 2). Repeat 7 times in all. On meas 8, stamp L R L (with small leap on first stamp.)
 9-16 Repeat action of Fig VI, meas 1-8. W finish in front of own ptr.

VII. PARTNERS TURN

- 1-2 Hands on hips, facing ptr, both M and W walk fwd R, L, R and touch L heel fwd on floor, opening hands to ptr on ct 4 (L hips nearly adjacent.)
 3-4 Move bwd L, R, L and touch R heel fwd as hands are replaced on hips.
 5 Walk fwd to ptr R, L (R hips adjacent) and place R on ptr's waist, L high.
 6-7 With walking steps, turn CW with ptr.
 8 Step bwd R, L to original pos.
 9-12 Repeat action of Fig VII, meas 1-4, *exactly*.
 13-16 Repeat action of Fig. VII, meas 5-8, but with L hips adjacent, turning 1½ turns CCW to finish with W inside circle, ptrs. facing.

VIII. MEN PRYSIADKA, WOMEN STAR

- 1-2 M perform Prysiadka extending L (meas 1), step LRL in place (meas 2).
 W dance Rest Step.
 3-4 M repeat Prysiadka, this time extending R and stepping RLR, while W cont. Rest Step.
 5-8 M, wt on L, extend R heel to touch floor and move R toe alternately to R and L (8 times in all).
 Simultaneously, W form R hand star and walk 8 steps CW to 3rd M (½ circle).
 9-16 Repeat action of Fig VIII, meas 1-8. (W finish in front of own ptr.)

IX. FORMING LINES

- 1-8 All hands on own hips. No. 4 M lead No. 3, No. 2 and No. 1 M to form a line with 16 walking steps CCW (outside W line) to finish with backs to music. At the same time No. 1 W lead No. 2, No. 3 and No. 4 W CW with 16 walking steps to form a line facing M.
 9-12 M and W repeat action of Fig VI, meas 1-4.
 13-16 M continue bend-stamp step while W (hands on hips) walk 8 steps CW in individual small circles.

X. CROSSOVER

- 1-4 Repeat action of Fig VII, meas 1-4.
 5-8 With hands on hips and R shoulders leading, ptrs exchange places with 8 walking steps (passing face to face). Turn CW to face ptr.
 9-16 Repeat action of Fig X, meas 1-8, leading with R shoulder but this time passing ptr back to back. Turn CW to face ptr.
 M join hands high to form arches; W join hands low.

XI. WEAVING

- 1-8 With 8 Tropka steps W1 lead W line CCW around M line to M4.
 M dance Rest Step while holding arches.
 9-16 With 8 Tropka steps W1 lead W line in front of M4 to weave through M line. Each W stop at R of own ptr (M in M line; W in W line).

XII. CIRCLE AND FINISH

- All face fwd twd M1 (M turn ¼ L; W ¼ R) as ptrs join R; M join L with W in front. (W are diagonally R of and slightly behind ptr.)
 1-16 All hands joined, starting R, dance 16 pas de basques as M1 leads CW about the room.
 17 All step out (RL) turning CW to face ptr, hands on hips.
 18-24 14 Veriovochka steps, starting R behind L.
 2 chords All stop, raise both hands (R high, L low); hold.
 1 chord Run to ptr and put arms around ptr.

continued...

LET'S DANCE

RUSSIAN QUADRILLE

○—Women
X—Men

<p>1 (Cts. 1-16) Meas. 1-8</p>	<p>2 (Cts. 1-16) Meas. 1-8</p>	<p>3 (Cts. 1-16) Meas. 1-8</p>	<p>4 (Cts. 1-16) Meas. 1-8</p>
<p>5 (Cts. 1-32) Meas. 1-16</p>	<p>6 (Cts. 1-16) Meas. 1-8</p>	<p>6 cont'd. (Cts. 17-32) Meas. 9-16</p>	<p>7 (Cts. 1-32) Meas. 1-16</p>
<p>8 (Cts. 1-32) Meas. 1-16</p>	<p>9 (Cts. 1-16) Meas. 1-8</p>	<p>9 cont'd. (Cts. 17-32) Meas. 9-16</p>	<p>10 (Cts. 1-8) Meas. 1-4</p>
<p>10 cont'd. (Cts. 9-16) Meas. 5-8</p>	<p>10 cont'd. (Cts. 17-24) Meas. 9-12</p>	<p>10 cont'd. (Cts. 25-32) Meas. 13-16</p>	<p>11 (Cts. 1-16) Meas. 1-8</p>
<p>11 cont'd. (Cts. 17-32) Meas. 9-16</p>	<p>12 (Cts. 1-32) Meas. 1-16</p>	<p>12 cont'd. (Cts. 1-18) Meas. 17-26</p>	<p>Finish (3-cts.) 3 chords</p>