## Kahuli (Dancing)

(Hawaii)

CD: Aloha, Merilyn Gentry & Nora Nuckles, Stockton Folk Dance Camp 2008, Band 6. 4/4 meter

Starting Position: See measures 1-4 in introduction below.

Measure	Footwork	Arms
	Introduction	
1-4 & whir-whir sound	Stand.	L arm in front of body about chest level with elbow bent. Hand is palm down & does not cross center line of body. R hand on waist, fingers fwd. 2 leis hang over L wrist with smaller one closer to the hand.
	Dance	
1	With knees slightly bent, R kaholo (step to R side -,R (1),L (2),R (3),L touch by R ft (4))	Move to ready position: L as above. R arm extend out to R side about chest level. Palm is down.
2	L kaholo (step L, (1) R (2), L (3), touch R by L ft (4). Make ½ turn to R (CW) with these steps.	Reverse meas 1. Leave the leis on L wrist.
3	R kaholo, making a ¾ turn (CW)	Repeat meas 1
4	L kaholo	Repeat meas 2
5	R kaholo	Place L hand, fingers fwd, on L hip and R hand, palm down, slightly over hip at waist level. Move the R hand L and R, L and R (like a parade wave).
6	L kaholo	Reverse meas 6
7	R kaholo, move diagonally fwd 45 degrees R	Remove flower lei with R hand and place lei around your neck. L arm moves in to meet R to help with lei removal
8	L kaholo,move diagonally fwd 45 degrees to L	Both arms move up to overhead, slightly in front, gently holding lei. L hand is slightly higher than R to present lei.
9	R lele bkwd (step on R ft) L lele bkwd (step on L ft)	Raise L arm slightly higher. Slight lean of upper body to R Reverse arms and lean of body
10	R ka'o (hip sway in place-step on R (1) touch L (2), L ka'o(hip sway in place step on L ft (3), touch R (4))	Move R arm out to R side. Cross L arm in front of body (L hand does not cross center line of body). Arms at waist level, with palms of hands down. Move hands & fingers gently to make to small waves to R (ct 1& 2). Arms and hands reverse on L ka'o (ct 3 & 4)

<sup>&#</sup>x27;Auana – modern hula

	11	D 1 1 1 M 1 1/4 D (CW)	M ' C ' ' ' 1 1 T 1 1
and raise to palm up to present flowers. R hand is slightly higher than L hand.  Reverse meas 11.  R kawelu (Turn ¼ L (CCW) step R in front, lift L heel (1), back on L (2), step R to front (1/4 turn CW) (3), touch L in place (4))  L kawelu (Reverse meas 13)  R kaholo huli turn CW (380 degree turn to end facing front) Step R,L,R, touch L  R kaholo huli turn CCW(380 degrees turn to end facing front) Reverse meas 19  R olapa (Touch R ft to R side (1), touch R ft to front (2), touch R ft by L ft (3), lift both heels up (&), place heels down (4).  R colapa (Reverse meas 17)  R kaholo  R colapa (Reverse meas 17)  R colapa (Reverse meas 18)  R colapa (Reverse meas 19)  R colapa (Reverse meas 17)  R colapa (Reverse meas 17)  R colapa (Reverse meas 18)  R colapa (Reverse meas 19)  R c	11	R kanolo. Make a ¼ turn R (CW)	
Slightly higher than L hand.			
12			
R kawelu (Turn ¼ L (CCW) step R in front, lift L heel (1), back on L (2), step R to front (1/4 turn CW) (3), touch L in place (4))  L kawelu (Reverse meas 13)  R kaholo huli turn CW (380 degree turn to end facing front) Step R,L,R, touch L  L kaholo huli turn CCW(380 degrees turn to end facing front) Reverse meas 19  R olapa (Touch R ft to R side (1), touch R ft to ff (3), lift both heels up (&), place heels down (4).  R olapa (Reverse meas 17)  R olapa (Reverse meas 18)  R olapa (Reverse meas 18)  R olapa (Reverse meas 18)  R olapa (Reverse meas 19)  R o	10	T 1 1 1	
in front, lift L heel (1), back on L (2), step R to front (1/4 turn CW) (3), touch L in place (4))  14			
(2), step R to front (1/4 turn CW) (3), touch L in place (4))  14	13	` ` ' 1	
(3), touch L in place (4))  14		` ' ' '	<b>↑</b> ` ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '
14			
R kaholo huli turn CW (380 degree turn to end facing front) Step R,L,R, touch L   L kaholo huli turn CCW(380 degrees turn to end facing front) Reverse meas 19   Hold arms in L ready position			
turn to end facing front) Step R,L,R, touch L  16		` /	
touch L  L kaholo huli turn CCW(380 degrees turn to end facing front) Reverse meas 19  R olapa (Touch R ft to R side (1), touch R ft to front (2), touch R ft by L ft (3), lift both heels up (&), place heels down (4).  B L olapa (Reverse meas 17)  R kaholo  L kaholo  R kaholo  R kaholo  R kaholo  R everse meas 17  Repeat meas 17  Repeat meas 18  R kaholo huli turn ( repeat meas 15)  R kaholo L side  R kaholo L side  R kam sin 'L ready position  Move arms to R ready position, but drop R arm slightly to follow R ft. (L and R arms in "arrow" position) (2). Swing R arm out straight to front about shoulder level (3);, return R arm to position described in meas 13, ct 3 (&). Hold (4) Palms of hands face down. Fingers nearly touch on ct 3 & 4  Reverse meas 17  Reverse meas 17  Repeat meas 19  Repeat meas 17  Repeat meas 18  Repeat meas 18  Repeat meas 18  Repeat meas 18  Repeat meas 15  L kaholo to L side  Arms in ready position  Repeat meas 1-19  Repeat meas 1-19  R arm stays out to R side. Move L arm out to L side. Move and extend both arms out to front -	15	,	Hold arms in R ready position.
L kaholo huli turn CCW(380 degrees turn to end facing front)   Reverse meas 19			
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Reverse meas 19  17 R olapa (Touch R ft to R side (1), touch R ft to front (2), touch R ft by L ft (3), lift both heels up (&), place heels down (4).  18 L olapa (Reverse meas 17)  19 R kaholo  20 L kaholo  21 Repeat meas 17  22 Repeat meas 18  23 R kaholo huli turn ( repeat meas 15)  25 L kaholo to L side  25 L kaholo to L side  26 Reverse meas 1-19  Ending  Rowe arms to R ready position, but drop R arm slightly to follow R ft. (L and R arms in "arrow" position, but drop R arm slightly to follow R ft. (L and R arms in "arrow" position) (2). Swing R arm out straight to front about shoulder level (3);, return R arm to position described in meas 13, ct 3 (&). Hold (4) Palms of hands face down. Fingers nearly touch on ct 3 & 4  Reverse meas 17  Reverse meas 17  Repeat meas 19  Repeat meas 19  Repeat meas 18  Repeat meas 18  Repeat meas 18  Repeat meas 15  Repeat meas 15  Repeat meas 1-19  Ending  Touch L beside R, step bkwd on L leaving R (with straight leg)  Rams stays out to R side. Move L arm out to L side. Move and extend both arms out to front -	16	· · · · · · · · · · · · · · · · · · ·	Hold arms in L ready position
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touch R ft to front (2), touch R ft by L ft (3), lift both heels up (&), place heels down (4).  18 L olapa (Reverse meas 17) 19 R kaholo 20 L kaholo 21 Repeat meas 17 22 Repeat meas 18 23 R kaholo huli turn ( repeat meas 15) 25 L kaholo to L side 25-43 Repeat dance from meas 1-19 Ending 26 Ending 27 Repeat meas 1-19 Ending 28 Ending 29 L ft (3), lift both heels up (&), place position (2). Swing R arm out straight to front about shoulder level (3);, return R arm to position described in meas 13, ct 3 (&). Hold (4) Palms of hands face down. Fingers nearly touch on ct 3 & 4 Reverse meas 17 Reverse meas 17 Reverse meas 19 Repeat meas 19 Repeat meas 18 Repeat meas 18 Repeat meas 15 Repeat meas 15 Repeat meas 1-19 Repeat meas 1-19 Rarm stays out to R side. Move L arm out to L side. Move and extend both arms out to front -			
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Ending Touch L beside R, step bkwd on L leaving R (with straight leg)  R arm stays out to R side. Move L arm out to L side. Move and extend both arms out to front -	_	L kaholo to L side	* *
leaving R (with straight leg) side. Move and extend both arms out to front -	25-43	Repeat dance from meas 1-19	Repeat meas 1-19
leaving R (with straight leg) side. Move and extend both arms out to front -	Ending	Touch L beside R, step bkwd on L	R arm stays out to R side. Move L arm out to L
touching in front. palms down. Hold.		leaving R (with straight leg)	
		touching in front.	palms down. Hold.

Presented by Merilyn Gentry & Nora Nuckles