

Presented by Bora Gajicki

KAJO KALINO
Macedonia

Kajo Kalino (Kah-yo Kah-lee-no) is a revised version of L. and D. Jankovic's description of this Macedonian dance. Bora Gajicki used to dance it as part of a choreography as an amateur dancer in the 1950's.

RECORD: Borino Kolo (LP) BK576

FORMATION: Lines, hands joined at shldr height and facing center.

RHYTHM: 9/8 (2+2+2+3)

MUSIC 9/8

PATTERN

Meas. *INTRO 8 MEAS (BEGIN DANCE WHEN SINGING STARTS)*

FIG. I

- 1 Step R to R (ct 1), start moving L ft (ct 2). Step L in front of R (ct 1), start moving R ft (ct 2). Step R to R (ct 1), start moving L ft (ct 2). Step L in front of R (ct 1), with wt on L, lift R ankle height (ct 2), hold (ct 3). *ABOUT ANKLE HEIGHT & BOUNCE*
- 2 Repeat meas 1.
- 3 Step R to R (ct 1), start moving L ft (ct 2). Step L in front of R (ct 1), start moving R ft (ct 2). Step R to R (ct 1), start moving L ft (ct 2). Lift L in front of R (or just touch floor) (ct 1), hold (ct 2-3).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5-16 Repeat meas 1-4, three more times.

FIG. II (hands joined and down)

- 1 Hop on L (ct 1), step R to R (ct 2). Step L *IN FRONT OF* beside R, lift R ft calf height behind L, knee turned out (ct 1), hold (ct 2). Hop on L (ct 1), step R to R (ct 2). Step L *IN FRONT OF* beside R, lift R ft calf height behind L, knee turned out (ct 1), hold (ct 2-3).
 - 2 Step on R (ct 1), start moving L ft (ct 2). Step L in front of R (ct 1), lift R slightly off floor, but leave in place (ct 2). Step on R in place (ct 1), lift L slightly off floor (ct 2). Hop on R (ct 1), hold (ct 2-3)
 - 3 Step on L (ct 1), start moving R ft (ct 2). Step R in front of L (ct 1), lift L slightly off floor, but leave in place (ct 2). Step L in place (ct 1), lift R slightly off floor (ct 2). Hop on L (ct 1), hold (ct 2-3).
 - 4 Repeat meas 2
 - 5-8 Repeat meas 1-4 with opposite ftwk and direction
- Repeat the dance from the beginning as many times as music allows.