

KALAJDISKO

(Titov Veles)

SOURCE: Stanimir Visinski, Institute on Badija, 1973.

MUSIC: AMAN LP 105, side 2/2.

RHYTHM: Counted 1,2,3,4,5.

FORMATION: Line of men in shoulder hold.

METER: 11/16

PATTERN

Meas

PATTERN 1

- 1 Point L toe across in front of R (cts 1-2). Point L toe fwd and slightly L (ct 3). Point L toe across in front of R (cts 4-5).
- 2 Close L beside R pivoting on balls of feet moving heels R (ct 1). Pivot on balls of both feet moving both heels L (ct 2). Pivot again with both heels moving R (ct 3). Pivot with heels moving L (cts 4-5).
- 3 Facing slightly and moving R, a slight lift on L bending R knee to cross R in front of L leg (ct 1). Step to R on R (ct 2). A slight lift on R (ct 4). Moving R step on L (ct 5).
- 4 Rock bkwd on R (ct 1). Rock fwd on L (ct 2). A slight lift on L, bending R knee to cross R in front of L leg (ct 3). Turning to face center, step side R with R (cts 4-5).

TRANSITION - Done only once

- 1-2 Repeat meas 1-2 of pattern 1.
- 3 Dropping arms, all face LOD and repeat meas 3 of pattern 1. Arms move naturally, roughly opposing movement of legs.
- 4 Rock bkwd on R (ct 1). Rock fwd on L (ct 2). Hop on L with R raised, flexed at knee (ct 3). Hop strongly on L, straightening R knee (ct 4). Land on R, moving continuously into squat in ct 1 of pattern 2. Arms continue to move naturally, roughly opposing movement of legs (cts 1,2,3). Both arms swing arms straight back (ct 4). Both arms swing fwd and up (ct 5).

PATTERN 2

- 1 Deep squat with both feet together, knees slightly apart (cts 1-2). Jump up onto both feet about shoulder width apart (ct 3). Jump onto both together (cts 4-5). Both arms fall naturally down (cts 1-2). Arms out to side (ct 3). Arms return to a natural central position (cts 4-5).
 - 2 Same as meas 2 of step 2, but arms move free and lightly in opposition to legs.
 - 3-4 Repeat meas 3-4 of transition step
- This pattern repeats to end of music.

Presented by Billy Burke at the Laguna Folkdancers Festival 1992