

KAMARINSKAJA

DAVE'S RECORD SHOP  
372 Colusa Avenue  
Berkeley, California.  
La-5-5122.

Formation and Music: Partners facing in lines about 8' apart, W holding handkerchiefs overhead in R hand. Continental record 1296. Topsy Gypsy.

- Figure---I Ladies solo "Brush Heel". Extend R heel, bending L knee and stooping over from the hips. Brush to L, step R,L,R moving toward partner, at the same time brushing R hand holding hanky diag. across extended R leg to the L. The L hand on hip. Dip hanky low at each heel point.  
Repeat, extending L heel, then R, then L, but continue brush with hanky from R to L always. Standing L shoulders to partner, making use of the hanky above head, in R hand, roll hips. Swing hip up, down (roll knees to L). R hand high, shove step to R 8. Turn L and L hand high, continuing same direction 8 counts to L to original pos. of figure I. Turn R 8 cts, then L 7 cts ending with pose. R ft forward, bending L knee, arms outstretched, R hand and hanky forward.
- Figure---II Men's Solo "Down-up-Polka". Prysiadkas (squat on heels knees out and hands down between knees; rise, weight on L ft and R ft posed fwd, R arm posed fwd and L overhead). Polka forward.  
Prysiadkas, this time R ft fwd and polka  
" " " " L ft " " "  
" " " " R ft " " "  
End facing partner. Hands on hips, move back to place with R toe, heel turning body. L toe, heel turning body. 8 times in all. Pose on 8th count, R hand toward partner and r ft fwd.
- Figure---III Ladies Solo "Toe Toe Kick". Move toward partner doing toe, toe, kick together, starting R, 6 times. Dip R hand with hanky at beginning of each step. 8 skips back to place, knees out. Pose at end as in figure I.
- Figure---IV Men's Solo "Polka, Polka, down up". Starting R, hands on hips, 2 polkas fwd, 2 prysiadkas. Repeat starting polka L. Back to place on 8 skips bwd. 3 prysiadkas and pose as in figure II.
- Figure---V Ladies "Solo "Circle Men". Polka fwd to partner and circle M, passing R shoulders first ending on his R, all in 8 polkas (all time waving hanky). Swing hip up and down as in figure I (for 8 measures). Tuck hanky away as no longer needed.

*continued...*

Kamarinskaya (Continued)

- Figure---VI Men's Solo "Skip back, down up". 6 skips bwd, hands on hips; down on ct. 7 up on 8. 6 skips fwd, down on ct 7, up on 8. 6 skips bwd, down on ct.7, up on 8. 6 skips forward to partner, and take ballroom pos.
- Figure---VII Polka "Round Hall".  
In ballroom pos, leading in a circle of couples CCW. 4 polka turns progressing rapidly, continuing prog. M take walking steps fwd accenting L ft while W pivot turn under M's R arm, 4 measures. Repeat.  
In same position slide 6 times and in 2 counts W pivot under M's R arm. Repeat.
- Figure---VIII "Toe Toe Kick Pivot."  
Facing partner in double circle, M inside. R toe, toe, kick, step R. L toe, together, squat and pivot R. Repeat.
- Figure---IX "Skip back and Clap".  
Skip backward away from partner 6 steps, M toward center of circle. Clap hands 3 times, pointing R toe forward. Skip forward to partner. 5 steps. M puts hands at Ladies waist, down up, down (in three counts) Repeat all of above.
- Figure---X "arm Twist"  
In open Russian position, moving forward in LOD: Pas de Basque R L. W turns outward, keeping hands joined with M all the time, making a turn with R and L pas de basque. W turns inward, making a turn with L and R, pas de basque. Repeat all above.
- Figure---XI "Skip Backwards"  
Remaining in open position, skip backward, CW in the big circle 16 counts.
- Figure---XII "Ballroom Polka"  
Finish with polka in ballroom position, moving fwd and on final chord pose with W outside of circle.

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