

KARANFILE

SOURCE: Karanfile is a dance from Kosmet, a region of Southern Serbia; described in "Serbian Folk Melodies (Southern Serbia)" by V. Djordjević published in Skopje, 1928.

RECORD: JUGOTON C-6447 - 12 meas. introduction.

*FOLKRAFT 1566
Zaopala
danka*

FORM. Open kolo (broken circle). Hands joined and held down. Face in LOD.

STEPS: Every step is done with a plié or bend of knee. Wt. is on balls of ft. with heels close to ground. Stand in place for introduction of 12 meas.

Karanfile is in 4/8 meter. Sometimes 1/8 and 1/8 are combined to give a longer count to the step.

MEASURE I

COUNT

2/8 (S) Step L in LOD (cts 1, 2).

2/8 (S) Step R in LOD (cts 3, 4).

MEASURE II

1/8 (Q) Step L in LOD (ct 1).

1/8 (Q) Step R in LOD (ct 2).

2/8 (S) Step L in LOD (cts 3, 4).

MEASURE III

2/8(S) Step R toward center (face center) (cts 1, 2).

2/8(S) Lift R heel and raise L leg with knee slightly bent (cts 3, 4).
Joined hands should naturally rise on this motion.

MEASURE IV

1/8 (Q) Step backward on L (out of circle) and lift R knee, turning it to L (ct 1).

1/8 (Q) Turn R knee to R (ct 2). Movement of knee should turn body.
Leg does not move - just from hip joint.

1/8 (Q) Turn R knee to L (ct 3). Body turns with knee.

1/8 (Q) Step R in LOD (ct 4). Joined hands have returned to beginning pos.

Repeat these four measures until the end of the music.