

Presented by John Hancock

KASAPSKO HORO

Dance from Macedonia. Alternating men and women in a circle, hands on neighbors shoulders. Six figures are given here, each of which is done four times, in a sequence fitting the record. The music varies in speed throughout the record exclamation at the beginning slowing down toward the middle, and little speeding up again. Start dance after 7 notes. This dance learned from Michel Cartier who did extensive research in Bulgaria, Directions from Folk Dance House Kolo Festival Syllabus.

Record: Folk Dancer MH 3054-B

FIGURE I (BASIC STEP)

- | | | |
|---------|---------|---|
| 4 times | Meas. 1 | ct. 1 Step R with R ft |
| | | ct. 2 Continue moving R, Stepping on L ft. |
| | Meas. 2 | ct. 1 Step R with R ft |
| | | ct. 2 Swing L leg up across in front of R ft. |
| | Meas. 3 | ct. 1 Step on L ft. |
| | | ct. 2 Swing R leg up across in front of L ft. |

FIGURE II (Turns)

- 4 times The same as figure 1, but Meas. 1 the steps R-L are done with each dancer releasing hands and making a complete individual turn R (CW). The step-swings are then done with hands on shoulders as in Figure. 1. During turn, hands are on own hips.

FIGURE III

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|---------|-----------|--|
| 4 times | Meas. 1 | ct. 1 With preliminary step (very light) on ball of R ft to R, step with L ft behind R ft, |
| | | ct. 2 Repeat this movement again |
| | Meas. 2-3 | Same as in Figure I |

FIGURE IV

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|---------|-----------|--|
| 4 times | MEAS. 1 | ct. 1 Step R with R ft. |
| | | ct. 2 Step Lft behind R ft bending forward from waist. |
| | Meas. 2-3 | Same as in Figure I This figure retards gradually. |

FIGURE V

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|---------|----------|--|
| 4 times | Meas 1 | Same as in figure I (R-L to the R) |
| | Meas. 2 | ct. 1 Boys kneel toward R-hand girl, going down on L knee and clapping hands. R-hand girl acknowledges the boys' movement with a slight bend toward him. |
| | | ct. 2 Boys rise from kneel, weight on both feet, not moving feet from their positions on the floor, and turns to girl on L. |
| | Meas. 3 | ct. 1 Kneel on R knee to L-hand girl, who acknowledges movement as above rise from kneel. |
| | | ct. 2 Rise from kneel. |
| | Meas 4-6 | One basic step (as under Fig.1) |

Continued...

1960 Dolina Sygany Holiday camp

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Kasapsko Hero

FIGURE VI

Meas. 1	ct. 1	Jump landing on both feet, landing with L ft in front of R ft move sideways while doing this to right
	ct. 2	Jump landing on both feet. landing with R ft in front of Lft move sideways while doing this to Lft
Meas. 2	ct. 1	Step R ft R.
	ct. 2	Swing Lft up in front across R.
Meas. 2		Pas-de-bascue L&R&L, the R ft stepping in front of L ft.