

RECORD: WT-LP-64701 Meter 2/4

FORMATION: Broken circle, belt hold, L over R

Meas 8 Pattern
INTRODUCTION

PART I

- 1 Facing and moving in LOD, step R (ct 1), step L (ct 2)
- 2 Step R (ct 1), step L (ct &), step R (ct 2)
- 3 Hop on R (ct 1), step L (ct &), hold (ct 2), step on ball of R (ct &)
- 4 Step L (ct 1), step on ball of R (ct &), step L (ct 2)
- 5-24 Repeat action of meas 1-4 five more times.

PART II

- 1 Facing and moving in LOD, step R (ct 1), step L (ct 2)
- 2 Step R (ct 1), step L (ct &), facing ctr, leap sdwd R on R, L knee bent and raised slightly in front of R (ct 2)
- 3 Leap sdwd L on L (ct 1), step R across L (ct 2), step back on L (ct &)
- 4 Step sdwd R on R (ct 1), step L across R (ct &), step back on R (ct 2)
- 5-6 Repeat action of meas 1-2, Part II, reversing ftwk and direction.
- 7 Leap sdwd R on R, L raised slightly in front of R (ct 1). Leap slightly sdwd L on L (ct 2). Step R across L (ct &).
- 8 Step diag bwd L on L (ct 1), step bkwd in place on R (ct &), step L across R (ct 2).
- 9-16 Repeat action of meas 1-8, Part II

PART III

- 1-2 Repeat action of meas 1-2, Part II, but start by lifting on L and stepping on R Heel first, then roll onto full R ft.
- 3 Hop on R, bringing L around in back (ct 1), step L behind R, R raised slightly in front of L (ct &), hold (ct 2), hop on L (ct &)
- 4 Step R next to L (ct 1), step L in place (ct &), step R across L (ct 2)
- 5-8 Repeat action of meas 1-4, Part III, reversing ftwk and direction
- 9-16 Repeat action of meas 1-8, Part III.

PART IV

- 1-16 Repeat action of Part II

PART V

- 1-16 Repeat action of meas 1-4, PART I, four times

PART VI

- 1-16 Repeat action of Part III, raising R in front of L, R knee bent on last ct.

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