

## KASUMSKATA

### Rhythm 2/4

Music: CD **IHB #12 - FIRE**, Track 16

From the village of Chintulovo, near Sliven, Thrace

This is a dance for all the traditional and family celebrations in the village. It is a mixed, led dance with hands, held in W position. LOD-right side in the circle. KASUMSKATA has one figure of 8 meas. It is a circle dance, but it can be danced as a couple dance also. Some of the dancers, who feel ready to improvise, go inside in the circle and dance toward each other. It happens, while the other people dance in the circle.

#### Figure 1 – In the Circle - 8 meas

Meas.1 – facing diagonally right

1. Step on R ft fwd-diagonally right
2. Hop on R ft

**Arms:** From V pos. go to W pos.

Meas.2

1. Step on L ft fwd-diagonally right
2. Hop on L ft

Keep W position

Meas.3 – facing center

1. Leap onto R ft bkwd-out of the circle
2. Leap onto L ft bkwd

Gradually go to V pos. and behind

Meas.4

1. Leap onto R ft bkwd
2. Hop on R ft

Meas.5

1. Leap onto L ft to L side
2. Leap onto R ft behind L ft

Sway fwd

Sway bkwd

Meas.6 – same as Meas.5

Same as Meas.5

Meas.7

1. Leap onto L ft to L side
2. Hop on L ft

Go to W pos.

Meas.8

1. Leap onto R ft across L ft
2. Leap onto L ft in place – behind R ft

Go to V pos.

#### Figure 2 – In Couples - With these 2 meas. the couples pass each other.

Meas.1

1. Step on R ft in place, fwd or bkwd
2. Hop on R ft

**Arms:** They are down-in V pos.

The arms sway fwd

The arms sway bkwd

Meas.2 – same as Meas.1, but with opposite footwork and the same arms

In Figure 2 alternate Meas.1 and 2. The improvisations come from the arm's movements.

#### Arms -Variation 1 – 4 meas.

Meas.1- The R hand draws a half vertical circle from left to right side-in front of the body

Meas.2- The L hand repeats the same circle

Meas.3,4 – same as Meas.1,2 from Figure 2

#### Arms - Variation 2 – 4 meas.

Meas.1,2- The hands clap twice down. Meas.3,4 – same as Meas.1,2 from Figure 2

#### Arms - Variation 3 – 8 meas.

Meas.1 to Meas.4-Fold the arms in front of the body and turn them parallel each other-like a spindle. Gradually rise them up.Meas.5,6-Clap the hands up.Meas.7,8-Go to V position down.

**Sequence:**Introduction- 16 meas.

*Notes by Iliana Hristova Bozhanova*

*Presented by Iliana Hristova Bozhanova at the Laguna Folkdancers Festival 2009*