

KAVADARKA
(Kavadarci - S. Central Macedonia)

Source: Stanimir Višinski, Institute on Badija, 1973
Formation: Lines of men, shoulder hold.
Time: 6/8 (1,2,3,4,5,6)
Record: AMAN-105 (Side Side 2/6)

Measure: Pattern I

- 1 Moving rt. step on R. lifting L. in front (1,2,3). Fluidly bring L. leg fully in front w/ upper leg parallel to floor and make a scooping movement twd. R. leg. (ct.4,5,6).
- 2 Repeat meas. 1, opp. ftwk.
- 3 Facing center, step in on R. (ct.1,2,3) Kneel on L. knee in back (ct.4,5,6).
- 4 Stamp R. in place taking wt. (ct.1,2,3) Get up onto R. and bring L. behind rt. knee (ct.4,5,6).
- 5 Step in on L. (ct.1,2,3) Turning slightly rt., step out on R. (ct.4,5,6).
- 6 Repeat meas. 2.

Pattern II - Performed to faster tempo

Note: On first 2 meas. arms are down; arms bend at elbows and swing in front of body, opposite arms and legs moving together.

- 1 Moving rt., step R. across body (ct.1,2,3) Step L. across body (ct.4,5,6).
- 2 Repeat meas. 1.
- 3 Taking shoulders and facing center, step in on R. (ct.1,2,3) Step back on L. (ct.4,5,6).
- 4 Step back R. (ct.1,2,3) Bring L. behind R. knee and dip w/ R. (ct.4,5,6).
- 5-6 Repeat meas. 5-6 of Pattern I.