

KAVAK
(Turkish)

Source: Also known as "Erzurum-Kız" which translates as "girl's dance from Erzurum", a North eastern province of Turkey near the Russian border, the dance is commonly known as "Kavak", the Turkish word for "poplar tree", which is characteristic of the area.

Record: BOZOK 107, side 1, band 2

Formation: Line dance for women. The hand hold is little fingers hooked during the introduction sequence. Later, in the fast part, shoulder hold.

Time: 2/4

Measure	Description
---------	-------------

INTRODUCTION

The dance begins with a slow rhythm.

FIGURE I.

1-3 Little finger hold, bodies close but not touching.
 Step R, extending arms to R (ct 1), cross L in front while extending arms to L (ct 2), step R in place, bending body fwd and bringing arms down in front (ct 1), straighten body, bring arms to shoulder level and point L toe in place (ct 2), step L in place shifting wt to L and bringing arms down again while bending body (ct 1) straighten body, bring arms to shoulder level and point R toe in place (ct 2)
 Repeat Figure I 7 more times.

At this point, the music gets faster. On leader's command, take shoulder hold.

FIGURE II.

1 Moving R, step R (ct 1), cross L in front (ct 2)
 2 Step R (ct 1), lift L twd R, foot pointing down and to center (ct 2)
 3 Lean L with wt on L and do a twisting motion (ct 1) do same motion, wt on R leg, body facing R this time (ct 2)
 4 Step on L in place (ct 1), lean L, bending body, and throwing head back and lifting R twd LOD (ct 2)

FIGURE III.

1 Moving twd center, step R (ct 1), step L (ct 2)
 2 A very slight bouncy jump (ct 1), lift L (ct 2)
 3 Move back with scissors motion, R fwd, L back (ct 1), do another scissors step, this time L in front (ct 2)
 4 Step on L (ct 1), lift R while throwing head to the back (ct 2)

Presented by Bora Özkök