

Kievskii Hopak – Киевский Гопак

(Ukraine)

This dance is from the vicinity of Kiev in the central region of Ukraine. Hopak is the most famous and well-known dance form in the Ukrainian culture. This dance was choreographed by George and Irina Arabagi.

Pronunciation: Kee-EFF-skee hoh-PAHK

Music: 2/4 meter *Ukrainian Dance Workshop, Track 9*

Formation: Couples in a circle facing CCW. M's L arm supports W's L arm extended in front. M's R hand on W's waist at the R. W's R hand is on R hip, fingers fwd.

Steps & Styling: Danced lightly throughout.

Running Threes: Very light running steps fwd: leap onto R foot, kick fwd with toe slightly down (ct 1); run fwd L (ct &); run fwd on R (ct 2). Repeat with the opp ftwk.

Pas de Basque: Leap R on R (ct 1); step L in front of R (ct &); step R in place (ct 2). Repeat with opp ftwk and direction.

Reel Step: Step R behind L (ct 1); chug fwd on R (ct &); step L behind R (ct 2); chug fwd on L (ct &). The step is done in place. Repeat with opp ftwk.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
8 meas	<u>INTRODUCTION</u> . No action.	
	I. <u>RUNNING THREES</u> (M and W use same ftwk)	
1-4	Cpls dance four Running Threes moving CCW, both starting with R.	
5-8	Using 4 Running Threes, cpl rotates once CCW (M backing up, W moving fwd).	
9-16	Repeat meas 1-8.	
	II. <u>TOE-HEEL</u> (M and W use same ftwk)	
1	With the same handhold, face ctr. M and W touch R toe to R side turning heel up and outward (ct 1); touch R heel in the same place with toe outward (ct 2).	
2	Run in place R (ct 1); L (ct &); R (ct 2).	
3-4	Repeat meas 1-2 with opp ftwk.	
5	Large step to R and down on R ft, slightly bending R knee (ct 1); step L and up behind R straightening L leg (ct 2).	
6-8	Repeat meas 5 three more times.	
9-16	Repeat meas 1-8. On meas 16, release handhold, and back a little away from ptr.	
	III. <u>PAS DE BASQUE</u>	
1-2	Still facing ctr, M invites ptr to dance by making a heavy step on R, extending R arm to W (ct 1); hold (ct &); W take heavy step L, extending L arm and placing L hand into M's R hand (ct 2); hold (ct &).	

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Kievskii Hopak — continued

- 3 M: Pas de Basque starting L, turning to face out while extending L arm out. W: same as M with opp ftwk and arm movements. Inside hands are joined and swing fwd.
- 4 Cpl: Pas de Basque starting with inside ft (M's R, W's L) and turning to face ptr. M's L hand moves onto his hip with closed fist and W's R hand moves to her chest to protect necklace.
- 5-6 Repeat meas 3-4.
- 7 Make ½ turn; M: Step L to L (ct 1); hop on L turning CCW a half turn (ct 2). M's hands are on hips. W: Same as M with opp ftwk turning CW. W's R hand on her chest, L hand down.
- 8 M: run two steps R, L (cts 1, &); stamp R (ct 2) turning CCW a half turn and returning to starting pos. W: Run 3 steps L, R, L to complete turn.
- 9-16 Repeat meas 1-8. M last 2 steps are R, stamp L no wt.
- IV. REELS/CHASSES
- 1-2 M: 3 Reels starting with L (cts 1, &, 2); hold (ct &). W: Same as M with opp ftwk. Face slightly diag away from each other, hands on hips.
- 3-4 Repeat meas 1-2 with opp ftwk and direction, end with touch (no wt).
- 5-6 M moves to R behind ptr with three steps; large step to R on R, step L next to R, sway to R on R extending R arm out to side (cts 1, &, 2); hold pose with R arm out and pointing L toe out (ct &). W: Same as M with opp ftwk and arm movements.
- 7-8 Repeat meas 5-6 with opp ftwk, returning to place.
- 9-15 Repeat meas 1-7.
- 16 M repeat meas 6. W repeat meas 6 with R, L, touch R (no wt).

Sequence: Fig I, Fig II, Fig III, Fig IV twice. On last ct of dance M and W end with hands on hips.

Presented by George & Irina Arabagi

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