

KOJA-KOJA

(The Foot, the Foot)

Folkraft F1049 B

Easy to learn, fun to do. The "J" in the Lithuanian language is pronounced like a "Y" -- Koya. The dancer is admonished to use his foot, but instead, the hip comes up.

FORMATION: Couples anywhere on the floor. Both hands joined and facing partner.

Meas. 1: Move toward own right until left shoulders are adjacent and hands are stretched across each other's chests. Step R, L, R.

Meas. 2: Stamp with left foot in place twice.

Meas. 3: Step L, R, L, turning toward left until right shoulders are adjacent and hands are stretched across each other's chests.

Meas. 4: Stamp right foot twice.

Meas. 1 (repeated): Same as Meas. 1 above.

Meas. 2: Hit left hips against each other twice.

Meas. 3: Same as Meas. 3 above.

Meas. 4: Hit right hip twice against each other.

Meas. 5-8 (and repeat): Polka in dance position anywhere on floor.