

Presented by Morley Leyton

KOZO NASZA MASTOZKI  
(Ko-woh Nah-sheh Ma-stow-ki)

This dance is from the Beskid Mountains near Cieszyn. This dance was learned from Janina Marcinkowa of Cieszyn, Poland.

RECORD: LTN 1

FORMATION: Cpls scattered about the room, facing each other with their hands in the small of the back.

---

| 3/4  | PATTERN   |
|------|---|
| Meas | <u>PART I - Slow</u>  |
| 1-2  | Ptrs change places, passing R shoulders, doing the following steps;<br>Roll from the full foot on to the half toe, stepping onto the R ft, placing the L ft behind the calf of the R leg, and doing about a ½ turn CW (1,&<br>Continue passing ptr, doing the same step as in 1, onto the Lft (2,&<br>Repeat (L, &), (3,&<br>Step onto L ft facing ptr, in ptr's original posn. (4)<br>Do ukłan (a sort of bow). Nod head to ptr and bring the hands down to sides, slightly fwd with the palms twd ptr (5)<br>Hold (6) |
| 3-4  | Repeat 1-2, returning home  |
| 5-8  | Repeat 1-4  |
|      | <u>PART II - Fast</u>   |
|      | Close into your ptr, M R arm around ptr W, L hand holding W upper arm. W L hand on M R shoulder, R hand holding ptr upper arm.  |
| 1    | Make 1 complete turn CW, by stepping, flat-footed, around ptr with the L ft (1) closing R ft in (&) and repeating this (2), (&).<br>NOTE: There is no bounce in this turn, but a pulse fwd strongly on the step with the L ft, and weakly with the closing of the R ft.   |
| 2    | Repeat 1, finishing where the step started.   |
| 3    | Release hold on ptr, place hands once more in the small of the back, bend fwd slightly from the waist, and bend the knees. In place, and staying on the same level (NO BOUNCE), alternately place the R ft, then the L ft, the R ft, the L ft ahead of the other ft, ft parallel.   |
| 4    | Stamp both feet together under you, at the same time, without jumping up before-hand (ct 1)<br>Hold for rest of measure.  |
| 5-8  | Repeat 1-4  |
|      | Complete dance repeats...   |