

KOLOMEYKA

Formation and Music: Four couples in square formation.
Kismet Record A-115.

Figure---1
16 meas. Partners in a single circle, M facing counter-clockwise, W clockwise, hands joined at shoulder height, both start on R foot. Using 16 Kolomeyka steps partners move C..C. around the circle, alternately pushing and pulling joined hands fwd. and back. One step for each measure. W travels backward.

Chorus:
16 meas. R hands on partners waist, L hand over head; R hips adjacent, partners turn to the R with 7 hop, step, step, starting R, then break (stamp L,R;L,). Repeat turn to L, with L hands on partners waist, R hands overhead, L hips adjacent, and break (stamps R,L,R,).

Figure---2
16 meas. Partners in a single circle as in fig. 1, but arms akimbo, hands on hips. Dancers perform 16 Kolomeyka steps, both start on R foot, W travels backward. Each step is taken diag. to R and L so that partners zig-zag across in front of each other as they travel c.c. in circle.

Chorus: As above. 16 measures.

Figure---3
16 meas. Dancers in single circle, M with back to center; W facing center. M's squat step:---R hand at neck, L hand extended toward partner palm down. While moving counter clockwise in circle assume squatting position with weight on the R foot, then come to standing position flinging L leg toward partner. Repeat three times in all then stepping on L foot swing R leg through with a fling, turning to face the center and changing hand positions. Repeat same pattern with weight on L foot, flinging R leg toward partner. Repeat pattern on R and L.
W's push step:moving simultaneously with the M c.c. in circle W takes 7 push steps, weight on her R foot, R hand at neck, L hand extended toward partner palm down, then step on L with half turn to the L so that back is to the center, and changing hand positions, repeat 7 push steps with the weight on the L foot, and turn to R. Repeat push steps and turn R and L.

Chorus: Same as above. 16 measures.

Figure---4
24 meas. With hands on hips the dancers perform the Kolomeyka step starting R and moving toward their square to form a basket. W join hands with arms extended fwd. M join hands with arms extended fwd. over partner's L arm and corner W's R arm. (with 4 steps). With two steps dancing in place, M now raises joined hands over W's heads and place behind W's backs. With two steps in place W now raise joined hands over M's heads and place behind M's shoulders.

continued...

Kolomeyka (continued)

Basket now moves to the L with the chorus step, hopping on the R and end with a break (stamp L,R,L) Basket then moves to the R with 7 hop,step,step hopping on the L and end with a break (Stamps-R,L,R,).

Note: There is no Chorus step following this figure.

Figure---5
16 meas. Dancers perform 8 Kolomeyka steps starting R while:-
W keeping ha nds joined slowly form a circle facing c.c. M drop hands face clockwise and place R hand on joined hands of partner and corner W, L hand extended to the side.
M perform 3 squat steps with the weight on the R foot and flinging the L-leg and arm fwd, move clockwise in the circle and end with break (stamps L,R,L,)turn to face clockwise place L hand on joined hands of partner and corner W, R arm extended to side. Repeat three squat steps, weight on L flinging R, moving c.c. end with break (Stamps R,L,R). this requires 8 measures. Simultaneously W turn the circle clockwise by traveling bwd. with 7 small kicking steps starting on R, end with break (stamps L,R,L) and turn face clockwise and move C.C. with 8 kicking steps.

Chorus: Same as in figure--1 for 16 measures.

Figure---6
16 meas. Partners facing hands joined at shoulder height, using "push and pull"Kolomeyka step (as in figure--1) each square leads in a longways position. Use 8 steps and finish with M's partner opposite him and corner W beside him so that W and M alternate down each line.

While dancers now perform 8 Kolomeyka steps in place, they alternately thrust joined hands upward and downward. 1st and 3rd couples thrust hands up on the first measure, and down on the second, etc. 2nd and 4th start with hands down on first meas. then up on second meas. to continue alternating with 1st and 3rd couples.

Figure---7
In groups of four dancers form a basket and circle to L with the chorus starting R and end with break (stamp R,L,R) repeat starting with L and end with break(Stamp L,R,L).

Figure---8
Partners facing hands joined shoulder height, using opening position dance informally off the floor.