

## Kolomiyka - Коломийка

(Western Ukraine)

Kolomiyka is a dance from Western Ukraine, with its origins in the Carpathians. This version of the dance was choreographed by George and Irina Arabagi.

Pronunciation: koh-loh-MIGH-kah

Music: 2/4 meter *Ukrainian Dance Workshop, Track 1*

Formation: Mixed circle facing CCW. M's hands are clasped behind his back. W's thumbs are in an imaginary vest.

Meas                      2/4 meter                      Pattern

4 meas                      INTRODUCTION. No action.

I. MOVING CCW

1                      Step R, L, R (cts 1, &, 2); hop on R, raising L knee 45 degrees (ct &).

2                      Repeat meas 1 with opp ftwk.

3-8                      Repeat meas 1-2 three times.

II. FACING CENTER/STAMPS

1                      Facing ctr and holding arms in V-pos, step R to R, leaving L toe on the floor but wt on R (ct 1); shift wt onto L, leaving R toe on the floor (ct 2).

2                      Shift wt onto R (ct 1); stamp (with wt) L, R, L (cts &, 2, &).

3-8                      Repeat meas 1-2 three times.

Sequence: Fig I, Fig II, Fig I, Fig II, Fig I.

Presented by George & Irina Arabagi