

# KOPČETO

(Bulgaria)

Kopčeto is a line dance from the town of Kjustandil in the Šop (Shope) region. It is in the rāčenica family of dances.

PRONUNCIATION: KOHP-che- toh

MUSIC:

FORMATION: Open line leading to the R, belt hold. The dancers' rhythm is QQS. Steps are light and lively.

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METER: 7/16 QQS 1 2 3

PATTERN

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Meas

## INTRODUCTION:

### I. BASIC

- 1-2 Backing up in LOD, jump with both ft together (1), step R (2), step L (3). Repeat.
- 3-4 Turning to face LOD, do two basic rāčenica steps (RLR, LRL).
- 5-6 Lift on left (čukče) while lifting R and arcing it out and around behind (1), step on R behind (2), step on L in place (3). Note: this meas can be syncopated so that action on Ct 1 gets more than one Q ct. Repeat.
- 7 Lift on L and leap onto R (1), kick L to side (2) and then across in front of R (3).
- 8 Step LRL in place.
- 9-32 Repeat meas 1-8 three more times.

### II. FWD AND BACK, KICKS, AND CROSSING STEPS

- 1-4 Moving twd ctr, lift R leg (1) and bounce twice on L (2-3); step on R lifting L leg (1), bounce twice on R (2-3). Repeat both meas starting with step fwd on L.
- 5-8 Repeat meas 1-4 moving backward starting with step back on L.
- 9-12 Step on L (1-3), kick R fwd sharply twice (1-2), hold (3); step on R (1-3), kick L fwd sharply twice (1-2), hold (3).
- 13-16 Lift on R, step on L, step on R crossed over in front of L, step on L in place, step on R, step on L crossed in front of R, step on R, step to L on L, step across in front with R, step back on L, step to R, step on L slightly fwd.
- 17-32 Repeat meas 1-16.

### III. FWD AND BACK WITH KICKS TO SIDES

- 1-4 Moving twd ctr, step on L bending body to L, kick R leg to side (1), bounce twice on L(2-3); step on R across in front of L, kick L leg out to side, bending body to R (1), bounce twice on R (2-3). Repeat both meas.
- 5-8 Repeat meas 1-4 but moving backwards.
- 9-10 Kick R ft fwd with scuff (1,2), leap on to R (3); slap L ft fwd (1), hold (2), leap on to L (3) kicking R across in front of L.
- 11-12 Kick R out and arc it around behind L (1-3); step on R (1), lift L in front (2,3).
- 13-16 Repeat Fig. II meas 13-16 (crossing steps).
- 17-32 Repeat meas 1-16.

#### **IV. STRIDES WITH KICKS AND CROSSING STEPS**

- 1-4 Stride (jump to ft apart) (1), kick R across in front of L (2), hold (3); lift on L (1), begin three crossing steps with step to R and ending with L stepped across in front of R (2-9).
- 5-8 Repeat meas 1-4 with opposite ftwk (begin with stride and kick L across in front of R).
- 9-12 Repeat meas 5-8.
- 13-16 Repeat meas 1-4.

#### **V. KICK AND HEEL STEPS, SIDEWAYS STEPS WITH KICKS**

- 1 Step R, step L in front, step R in place (1-3).
- 2-3 Kick L in front (1), step L in place (2), step with R heel fwd (3); step R (1), step L (2), step R heel fwd (3).
- 4 Lift on L and arc R out and behind (1), step on R (2), step on L and kick R in front of L(3).
- 5-6 Step R to R (1), close L to R (&), step R (2), kick L behind R (3); repeat to L with opposite ftwk and kicking R across in front of L.
- 7-8 Repeat meas 5-6.
- 9-16 Repeat meas 1-8.

Repeat dance from beginning.