This dance has been adapted by Russian Americans, and is standard at all their gatherings. Below are described 2 ways of performing it. The dance has been arranged, on approval, to the increasing tempos.

FORMATION - Partners, side by side, facing counter-clockwise around the dance area. Hands are in a crossed hand joined position. Opposite footwork is used throughout. During the first 3 times performing the dance, steps are slow and exaggerated to fit the tempo. As tempo increases steps are faster. This dance can also be used as a mixer if desired. M's steps are described, W do opposite.

First Way of Performing Dance 1 - Step Fwd, L, R, L, point R, step fwd, R, L, R, point L. Step fwd, L, R, L, point R ft fwd, to the side of L, and together. Partners face and separate with 3 steps pointing the free foot. (Move to each others R, both start with R ft). Partners return to each other with 3 steps and a point, join hands, step together, step away, and change places with each other.

2 - In opposite positions, separate away from each other (3 steps and a point), come together with 3 steps and a point, join hands, step together, and away, and change places. Perform the dance 3 TIMES THIS WAY. Then partners face, with M's back to the center, both hands joined in the front.

Second Way of Performing Dance

1 - Men moving fwd, W moving bwd, do a Schottische step, M backing up, taking W with him, do
another Schottische step. Repeat with M moving fwd, W moving bwd with another Schottische step, then while hopping on L 3 more times, point the R ft fwd, to the side of L, and next to L ft.

2 - Partners separate with 3 steps and a hop, return to each other with 3 more steps and a Hop, step together, step away, and change places. Repeat this again.

Dance is performed 5 times in this second way.

Side 2. Band 6 LATVIAN WALTZ MIXER

A waltz mixer arranged Latvian style, with the assistance of native Latvians.

ATVIETIS VALS MIXSER

FORMATION - Circle of couples, partner on M's R, hands joined.

Part 1 16 Measures. All balance fwd with L ft, bringing R up to L. All balance bwd, with R ft bwd, and L being brought up to R. Man drops his partner's hand and brings W who is on his L over in front of him and places her on his R. (4 meas) Continue this step 3 times more, 4 in all.

Part 2 8 Measures. With W who is on his R after 4th time of changing, he waltzes fwd around the room with R hands joined, while W turns around in front of him, to her R (8 Meas).

Part 3 8 Measures. Couples assume shoulder waist position, and waltz around the room with 8 waltz steps, after which they assume starting position again for the changes.



Ronnie and Stu Lipner hope that you will enjoy this excursion in the world of the folk dance. They will be most happy to answer any and all questions pertaining to your progress in learning and en-Please write to them at joying them. MONITOR RECORDS.

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