

KOSTURSKO ORO - MACEDONIA

(Line-no partners)

RECORD: FOLKRAFT 1561 x 45 A.

TRANSLATION: Dance from city of Kostur (now Kastoria, Greece).

RHYTHM: 7/8 (♩. ♩♩) counted 1-and-ah, 2-and, 3-and — or "slow quick quick".

STARTING POSITION: Arms in "W" position. Right foot free.

STYLING: Small light steps.

Music 7/8

Measure	<u>SLOW</u> (♩.)	<u>QUICK</u> (♩)	<u>QUICK</u> (♩)
1	Facing diagonally step to right on right foot.	Continue moving to right, step left across in front of right.	
2	Facing center step right on right foot.	Step left beside right.	Hold (Weight on both feet).
3	Step backward on right foot.	Touch left toe beside right instep.	Hold (Weight on both feet).
4	Step to left on left foot.	Rise on left toe passing right foot behind left.	Step on right foot (Behind left).
5	Step to left on left foot.	Swing right foot in forward arc past left foot.	Facing diagonally step to right on right foot.
6	Step left across in front of right.	Facing center touch right toe next to left instep.	Hold (Weight on both feet).

NOTE: The dance pattern does not conform to the musical phrase, however, it is convenient to start with the vocal refrain.