

# Kozok

Pronunciation: koh-zohk

Record: DR-7167 available from Ada Dziewanowska.

This is a couple dance in 2/4 time known all over the mountainous region of Beskidy in Śląsk (Silesia), in south-western Poland. As in many Beskidy dances the name derives from the word koza - the goat, but has nothing to do with the word kozak: the warrior-peasant (the Cossack), or the Ukrainian dance. The music is composed of 2 melodies in the same meter. A song goes with it about a girl who loves to dance the kozok but is very choosy when it comes to picking her future husband.

Starting position: Couples in a circle, both Man and Woman facing LOD; they hold hands, arms crossed in back.

Measures:

1-2 Introduction.

PART I (Melody A: 8 meas. played twice) Polka with 2 hops.

- 1 Starting, Man with his Lft and Woman with her Rft, couple does a flat polka step in LOD; during ct 1& they both lean forward, on ct 2 they straighten.
- 2 Both hop twice, Man on Lft, Woman on Rft, and swing their other leg forward, knee relaxed.
- 3-4 Same pattern as Meas. 1-2 with opposite footwork.
- 5-8 Same pattern as Meas. 1-4, except, with the last 2 hops both Man and Woman do half a turn away from each other (Man CCW, Woman CW) without releasing hands.
- 9-16 Same pattern as Meas. 1-8 in RLOD; the turn on the last Meas. will now be CW for the Man and CCW for the Woman.

PART II (Melody B: 8 meas.) Turning polka.

- 1-8 In social dance position, starting with their outside ft and moving in LOD couple does 8 flat polka steps turning CW.

The dance is repeated from the beginning 2 more times. The last time instead of 8 turning polka steps there are 16.



Dance introduced in 1974 by Ada and Jaś Dziewanowski, who learned it in Cieszyn, Poland, from a noted Silesian folklorist, Janina Marcinkowa. Do not reproduce these directions without Ada's permission: 41 Katherine Road, Watertown, Mass. 02172, tel. (617)923-9061.