

KRAKOWIACZEK
(Poland)

- Source:** This is a simplified version of the Krakowiaczek (Krah koh ve ah' check) danced by Śląsk (Polish State Dance Group).
- Record:** Mazowsze Song & Dance Ensemble of Poland - Bruno 50071 Side B, Band 7. 2/4 meter
- Formation:** Cpls in double circle, M on inside, ptrs facing, inside hands (M R, W L) joined at shoulder height. W R hand on hip, fingers fwd. M L hand just behind hip, palm out. Whenever one or both hands are free, use these pos.
- Steps:** Pas de basque*, Sliding Step*.
Walk*: Take 2 steps to a meas unless otherwise directed.
Click Step: Hop on R, clicking heels (ct. 1). Step on L (ct. &). Step on R (ct. 2). Repeat of step starts again with hop on R. Step can start with hop on L and each repeat would start with hop on L.
Balance Step: Small step swd on R (ct. 1). Step L next to R (ct. &). Step R in place (ct. 2). Hold (ct. &). Next step would start with small step to L on L.
Turning Step: Small leap onto L, with bend of knee (ct. 1). Step R (ct. &). Step L next to R (ct. 2). Hold (ct. &). Next step would start with leap onto R. Two Turning Steps are used to make 1 CW turn (as in a waltz, polka, etc.).
 *Described in volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of Calif., Inc., 150 Powell St., San Francisco, California.

Measures Pattern

- 1 - 8 Introduction
- 1 - 2 I. Back to Back, Face to Face
 Beg with M L, W R walk 3 steps in LOD (1 step to a ct.). End in back to back pos with ptr. Touch inside ft (M R, W L) fwd in LOD (meas 2, ct. 2).
- 3 - 4 Repeat 3 walking steps beg with inside ft and moving in LOD. End facing ptr. Touch outside ft (M L, W R) in LOD.
- 5 - 6 In place dance 2 Pas de Basque steps beg on M L, W R.
- 7 With 2 walking steps drop hands and change places with ptr. W pass to LOD side (pass L shoulders).
- 8 M: Stepping on L, make 1/2 turn to \overline{L} to face ptr (ct. 1).
 Close R to L (ct. 2).
 W: Stepping on R, make 1/2 turn to R to face ptr (ct. 1).

KRAKOWIACZEK (CONT.)

Measures Pattern

- 9 - 11 Close L to R (no wt) (ct. 2). Ptrs should be near each other. Join hands straight across. Put R hips adj, extending R arm in front of ptr. L elbow is bent and arms are parallel to floor. Beg with hop on R, dance 3 Click Steps, moving in CW circle 1/2 turn to end M on inside and W on outside of circle (original places).
- 12 Stepping L, R in place, assume beg pos (meas 1). W put no wt on step on R.
- 13 - 96 Repeat action of meas 1-12 (Fig I) 7 more times (8 in all).
Note: No need to ct how many times pattern is done. First time is danced to instruments only. Second through seventh time is danced to vocal. Last time is again to just instruments.

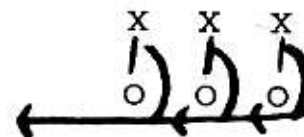
II. Men in Center

- 1 - 4 Men: Beg L ft and making 1/2 turn R, walk 8 steps twd ctr to join hands in circle.
- 5 Hopping on R, click heels (ct 1). Step L to L side (ct 2).
- 6 Step R across in front of L (ct 1). Hopping on R, click heels (ct 2). Circle moves to L (CW) during action of meas 5-6 (Fig II).
- 7 - 12 Repeat action of meas 5-6 (Fig II) 3 more times.
Note: Repeating the action puts 2 clicks together.
- 13 - 14 Repeat action of meas 5-6 (Fig II) 1 more time but drop hands and make 1/2 turn to L to face W. Omit last hop and click on R (meas 14, ct 2). Instead close L to R (no wt.)
Women: meas 1-2: Beg R and facing a little L of LOD, walk 3 steps in LOD. Facing ctr, close L to R (no wt) (meas 2, ct 2). Hold skirts throughout this figure.
Meas 3-4: Turning to face RLOD, walk 3 steps L, R, L. Light stamp on R next to L (no wt) (meas 4, ct 2).
Meas 5-6: Continue walk in RLOD but start R. Adjust length of step so as to keep behind ptr.
Meas 7-10: Repeat action of meas 3-6 (Fig II).
Meas 11-12: Repeat action of meas 3-4 (Fig II).
Meas 13-14: Beg R move to M on 4 walks. On last ct of meas 14 ptrs take ballroom pos, M back to Ctr.

III. Slides in CW Circle

- 1 - 13 Beg M L, W R take 26 Sliding Steps (2 to a meas). Each cpl make 1/2 of a CW circle ar' Ctr
then travel in RLOD. M face ctr.
See diag.

RLOD

IV. Women in Center

- 1 - 2 Men: Hands on hips and face RLOD. Walk L, R, L.

Continued...

KRAKOWIACZEK (CONT.)

Measures Pattern

- Close R to L with a click (no wt).
 3 - 4 Repeat action of meas 1-2 (Fig IV), but beg with R ft.
 5 - 8 Repeat action of meas 1-4 (Fig IV).
 9 Turning R to face ctr, step L (ct 1). Close R to L (no wt) (ct 2). Adjust length of step so as to end facing ptr.
Women: Meas 1: Making 1/2 turn R to face ctr, step R (ct 1). Close L to R (no wt) (ct 2).
Meas 2-9: Beg with hop on R, dance 8 Click Steps moving to L. If not close enough to neighbors to join hands, move diag in to L on Click Steps so hands may be joined as soon as possible. Hold skirt until hands are joined. On last Click Step drop hands and make 1/2 turn R to face ptr.

V. Man Lifts Woman

- 1 - 5 Beg M R, W L dance 5 Balance Steps. On first two move twd ptr. On 3rd and 4th join hands straight across. On 5th Balance Step change to shoulder-waist pos.
 6 On ct 1 M prepare to lift W. On ct 2 M lift W up and to M R.
 7 M put W down on outside of circle. M now has back to ctr.
 8 In preparation for turn, W put R hand on M L shoulder. W L hand hold skirt. M put R hand at W waist, M L arm out to side, just below shoulder height, palm down.

VI. Turn with Partner

- 1 - 13 Beg M L, W R dance 13 Turning Steps to make 6-1/2 CW turns moving in LOD. M end on outside of circle.

VII. Finale

- 1 - 2 Men: Passing to RLOD side of W, walk 4 steps twd ctr beg R.
 3 - 4 On meas 3, ct 1 stamp R ft and clap hands. On remaining 3 cts bring arms fwd, up, and over to rest on neighbor's shoulders.
 5 Hop on L twice (cts 1,2). *(M MAY CLICK HEELS)*
 6 Leap to R side on R bending L knee so L leg crosses behind R knee (ct 1). L knee is turned out to L. L ankle is just about behind R knee. Step L across behind R (ct. 2).
 7 - 22 Repeat action of meas 5-6 (Fig VII) 8 more times (9 in all).
 23 - 24 With 3 steps (R, L, R) turn R to face ptr. With hands just behind waist, stamp L.

Women: Meas 1-2: With 3 steps (L, R, L) make 1/2 turn R to face ctr. Close R to L (no wt) (meas 2, ct 2). Hands on hips

Meas 3-4: Beg R and facing a little L of LOD, walk 3 steps in LOD. Facing ctr, close L to R (no wt) (meas 4, ct 2).

Meas 5-6: Turning to face a little R of RLOD, walk 3 steps beg L. Facing ctr, close R to L (no wt) (meas 6, ct 2).

Meas 7-18: Repeat W action of meas 3-6 (Fig VII) three times.

*OR SKIRTS
MAY BE
HELD.*

continued...

KRAKOWIACZEK (CONT.)

Measures Pattern

Meas 19-20: Repeat W action of meas 3-4 (Fig VII).

Meas 21: Stamp L (no wt) and clap hands (ct 1). Hold (ct 2).

Meas 22-23: Repeat W action of meas 21 (Fig VII) twice (3 stamps in all). Put wt on last stamp.

Meas 24: Step to R side on R (ct 1). Step L behind R and curtsy to ptr (ct 2).

Note: Because M circle moves CCW and W stays more or less in place, M may not end in front of ptr. In such case, W circle curtsies to M circle which finishes with stamp of L ft.

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Fig I, meas 8: M make 1/2 turn R, not L.

Fig VII, meas 5: M may click heels while doing hop on L.

Fig VII, Women: Skirts may be held instead of hands on hips.