

ISRAELI **KRAKOVIAK**

Music and Dance: Folk
Electra LP 186

Formation: Couples in a circle face CCW, girl outside, boy inside, join inside hands. Boy's steps are described. Girl, opposite foot

PART ONE

- 1-2: Balance L, away from each other
- 3-4: Balance R, toward each other
- 5-8: Repeat 1-4
- 9-10: 2 running steps fwd LR
- 11: Jump on both feet
- 12: Release hands. Hop on L and 1/2 turn to right side (face CW)
- 13-16: Reverse 9-12, start R, move CW

PART TWO

- 1-4: Face CCW, repeat 1-4 Part One
 - 5-16: Partners face each other. Boy puts his hands on girl's waist, girl puts her hands on his shoulders. In this position they execute 6 step-hops while turning CW at the same time moving CCW. Boy starts L, girl R
- This is one of many variations