

Source: Lado Ensemble
Rhythm: 2/4
Record: Festival FM-4602-a
Formation: Circle, hands joined and held down

Meas. Pattern

FIGURE I. WALKING

1-16 32 walking steps moving CW, starting with L ft. At end of figure change to back basket hold (arms joined behind each other's backs).

FIGURE II. HOP-STEP-STEPS

1-8 8 hop-step-steps, starting with hop on R ft (ct 1), step on L ft (ct 2) step on R close to L (ct &).

9-16 16 walking steps moving CW, starting with L ft.

FIGURE III. SIDE-STEPS (Variation I)

1 Facing center, step to L on L ft (ct 1), close R ft to L (ct &), step to L on L ft (ct 2), close R ft to L and hold (ct &).

2 Same as measure 1 but reversing footwork and direction.

3-16 Repeat measures 1-2 seven times (8 times in all). Arms swing in on counts 1 and 2 and swing out on cts &.

FIGURE IV. WALKING

1-16 Repeat Figure I.

FIGURE V. SIDE-STEPS (Variation II)

1-16 Same as Figure III, but arms are held up high, elbows slightly above shoulder level. Forearms move together pointing left and right, moving gradually to point to left at end of left step and to right at end of right step.

FIGURE VI. HOP-STEP-STEPS

1-24 24 hop-step-steps, as in Figure II, moving to L.

1-16 Repeat Figure I (Walking).
1-16 Repeat Figure III (Side-step Variation I).
1-16 Repeat Figure I (Walking).
1-16 Repeat Figure V (Side-step Variation II).
1-16 Repeat Figure I (Walking).
1-16 Repeat Figure III (Side-step Variation I).
1-24 Repeat Figure VI (Hop-step-steps) until end of record.

Presented by Anthony Shay
Notes by Billy Burke