

Presented by James LaVita

KRINGELLEK ^{från} ~~FROM~~-GAGNEF

Sweden

Source

KRING-el-lek GAGNEF

This dance was taught by Rune and Margareta Granquist at Scandia Festival 1985. Jim learned it from them and from archival film provided by Henry Sjöberg in Stockholm.

Music

Viking, 202, side b, "Kringellek"

Hold

Polska hold, as described elsewhere.

StepsTurn:

M: ct 1) pivot on R sole, while flinging L around, ct 1&) place L heel on ground, ct 2) step on full L, ct 3) step on R across L.

W: ct 1) step R, ~~passé~~, ct 2) hold (though body may be in motion), ct 2&) step L to side, ct 3) step R across L, with sole of foot near toe of L, ct 3&) step L to side (R is flat, L is ball of ft)

Note: while the W's steps are notated conventionally here, beginning on count one, it is much more effective to think of her step as being four small running steps on counts 2&, 3, 3&, and 1.

Comments

With the music we are using, the dance is done in short segments with each partner going to a new partner after the first segment, and then back to his original partner, then to a new partner, and back to his original partner, and so forth, until the end of the dance.

As one can see this is a dance done in place, and is of the oldest layer of dances, related to the slangpolska from southcentral Sweden. This is quite unusual in Dalarna (where Gagnef is located), where most polska dances move around the room. It is not the only one of these dances in Dalarna, for a similar dance was recorded in Leksand. Both the dance from Gagnef and the one from Leksand may be done to specific vocal melodies, called "låtar".