

KRUSARSKI OPAS

(Bulgaria-Dobrudza)

Variations on the popular Opas type of dance. From the area around Krusari, N.E. of Varna. Source: Julian Stanev, 1998.

Pronunciation: Krooh-SHAR-skeeh OH-pahss
Music: Yves Moreau cassette
Rhythm: 2/4
Formation: Short lines of dancers, hands joined down at sides or "front-basket" pos
L over R. Wt on L
Style: Dobrudzan. Earthy and proud.

Meter: 2/4

Pattern

Introduction, 8 meas. of fast music. No action.

1. Pravo step

- 1 Large step on R to R (1) close L to R (2)
- 2 Step on R to R (1) raising L knee (2)
- 3 Large step fwd (1) quickly step back onto R (2)
- 4 Step back onto L (1) raise R knee (2)
- 5-16 Repeat pattern of meas 1-4, three more times

2. Right and left

- 1 Large step to R onto R heel (1) step on L behind R (2)
- 2 Step on R to R (1) bring L leg close to R and extend it out to L in a circular motion (2)
- 3-4 Repeat pattern of meas 1-2 with opp dir and ftwrk
- 5-16 Repeat pattern of meas 1-4, three more times

3. Opas stamps

- 1 Step on R turning to face R, body leaning slightly fwd (1) sharp stamp no wt, with L next (2)
- 2 Repeat pattern of meas 1, with opp dir and ftwrk
- 3 Step on R in place, at same time extend L leg out to L and fwd (1) shift wt sharply onto full L ft (2)
- 4 Quick step onto R ft (&) quick step onto L ft (1) step onto R ft (2)
- 5-8 Repeat pattern of meas 1-4 with opp dir and ftwrk
- 9-16 Repeat pattern of meas 1-8

Repeat dance from beginning.

Presented by Yves Moreau at the Laguna Folkdancers Festival 1999