

Presented by Morley Leyton

KRZYŻAK  
 ("Kshy' -zhak"  
 "Small Cross"

This dance was learned from Edward Wawyziniak. It can be found in "Tańce Krosnińskie" by Józef Szmyd, CPARA, 1961.

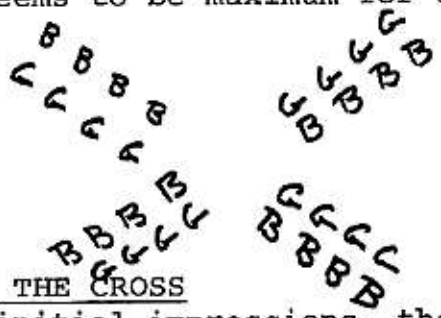
The words:

- |   |  |
|---|--|
| <p>1. Jak pojedziesz w pole orać<br/>         Zabierz se mnie na płużek<br/>         Ja ci będę poganiała<br/>         Tylko daj mi batożek</p>   | <p>3. Jak pojedziesz w pole orać<br/>         Weź ze se mnie na brony<br/>         Ja ci będę pogniała<br/>         Bo potrzeba ci żony</p>        |
| <p>2. Nie pojedę w pole orać<br/>         Niech se jedzie ojciec sam<br/>         Ja se wolę spacerować<br/>         Tam gdzie ładne panny są</p> | <p>4. Nie pojedę w pole orać<br/>         Niech se jedzie ojciec sam<br/>         Ja se wolę spacerować<br/>         Tam gdzie ładne panny są.</p> |

MUSIC: Same melody played first slowly in 3/4 then fast in 2/4

RECORD: Z Okolice Rzeszowa, LTN 1001 B, band 1

FORMATION: Any number of cpls in 4 sets of contra lines radiating from the ctr. M face CCW and W CW. 4 cpls in a line seems to be maximum for ease of execution.



PART I THE CROSS

Contrary to initial impressions, the small cross the name refers to is the pattern drawn on the floor during this step and not to the formation. Directions are for M, W are opp ftwk, hand and direction of movement. Shldr-shldr blade hold, elbows out, arms rounded and raised sltly; W arms resting on M so that there is no daylight visible. The arm movement is strictly limited to the upper torso, and must be simultaneous with the ft. Movement of arms is crisp.

Meas. Ct & of previous measure: Bend M L knee, raise R leg off floor and tip arms to M R. \* SEE NEXT PAGE

1 Step fwd on M R and tip arms to opp side(ct 1), close L ft to R and tip arms to R (ct 2); Step in place onto R ft and tip arms to L (ct 3).

*Continued...*

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Krzyzak-continued

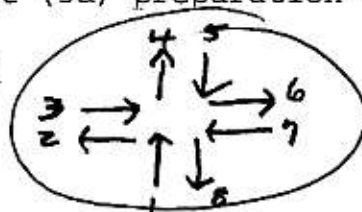
Prepare to step bkwd onto L ft and take a little deeper bend of the arms to the L, and a slgt plie on the stand-leg (3&)

2 Make a  $\frac{1}{4}$  turn CW and step bkwd onto L ft, tipping arms to R (ct 1); All of the turning is done on this ct. Close R to L and tip arms to L (ct 2); Step in place on L and bend body to R (ct 3); Make preparation as in meas 1 (ct 3&), on opp ft.

3-4 Same as 1-2

5-8 Same as 1-4 except omit (3&) preparation in meas 8.

PART II, CROSS ~~PATTERN~~ <sup>OVER</sup>



\* INSERT AFTER CRISP ON PREV. PAGE

This time W uses opp ft and hands, but moves in same direction. Head cpls do the sequence as written, and side cpls start sequence at meas 5., so that they do 5-8, 1-4, 13-16, 9-12. Steps for 5-8 actually begin with preparation on & of previous measure.

1 Clap M L on R, and in continuous mvmt, bring arms out to side, palms fwd. Slide twd ctr (ct1); slide again twd ctr (ct 2);

2-3 Continue sliding in same direction, 2 slides per meas. Pass other cpls with the M staying on outside and W passing bet the other cpl.

4 Do one slide in same direction (ct 1) and then land on other side of cross with a jump, landing ft tog, fists on hips, elbows well fwd (ct 2). Place M arm that is away from ptr around W waist, her exterior hand on his shldr, join inside hands, held straight down, and lift inside ft (ct 2&).

5 Stamp inside heel at same time, bend upper torso and bring hands a little away from body (ct 1); Raise inside leg and bring torso back and hands close to body (ct 2)

6-8 Repeat meas 5, three more times.

9-16 Repeat 1-8

Dance repeats three more times