

KUJAWIAK
Poland

PRONUNCIATION: Koo-yah'vee-ock
SOURCE: Polish National Dance originated in the Kujawy Region.
MUSIC: Bruno Hi Fi Br – 50136, Side A, Band 2.
FORMATION: Couples facing LOD.

Measures

PATTERN

PART I. OD SIP*DO SIP (Ud Ship-Du Ship) "Away and Together"

- 1 Couples in "escort" pos, free hands on hips facing LOD. Do 1 step-touch as follows: with both knees bent do 1 step fwd on outside ft (M L, W R), turning back to back and leaning twd RLOD and touching free (inside) ft to side twd LOD, straightening both knees and retaining wt on starting ft.
- 2 Step is done as in meas 1, beginning with inside ft and turning face to face.
- 3-8 Repeat meas 1-2 3 more times.

PART II. KOLYSANA (Koh-wee-sah'-nah) "Rocking"

Man back to ctr of circle. Loose closed pos with fwd arms (M L, W R) curved gracefully with hands joined just above each other's wrists, W hand on top. Hands are only slightly higher than the waist. Ft apart as far as length of dancer's ft.

- 9 Bending knees, couple sways swd twd LOD, shifting wt to fwd ft, and straightening knees. Unweighted ft remains in place.
- 10 Repeat meas 9, but twd reverse direction, shifting wt to other ft.
- 11 Maintaining the same loose closed pos but facing directly fwd in LOD, run very lightly 3 steps fwd.
- 12 With both hands on hips, dancers turn individually, M L and W R in 3 steps.
- 13-16 Repeat meas 9-12.

KUJAWIAK (con't)

PART III. ZAGLADANA (Zahg-lon-dah'-hah) "Peeping or Flirting"

Couples face LOD with both L and R hands joined high similar to Varsouvianna. The M is behind the W and to her L. Momentarily R hands are joined high, L hands low.

- 17 Partners change sides in 3 steps, M – R, L, R and W – L, R, L while moving fwd in LOD, raising L hands and lowering R hands, and keeping contact with the eyes at every opportunity under the arch formed by the hands which are joined high.
- 18 Repeat meas 17 with opp ftwk, changing to original side.
- 19-24 Repeat meas 17-18 3 more times.

PART IV. SPIACA (Shpes-an'-tzah) "Sleepy"

M L and W R hands are joined, turned and fwd as in meas 11. W L hand is on M R shldr and his R arm around her waist. W head rests on her L hand and his R shldr ("sleeping").

- 25 Soft step, bending knee on weighted ft. Step fwd LOD on outside ft, raising inside ft and resting it against outside ft just above ankle (like a stork).
- 26 Repeat meas 25 with opp ftwk, still progressing LOD.
- 27-32 Repeat meas 25-26 3 more times.

PART V. OBRACANA (Ob-rah-tzahn'-ah) "Turning"

- 33-36 Arm pos as in meas 9. Couples dance 12 light running steps CCW (3 steps per meas) making 1 complete turn, giving wt for a good turn. M starts on L, W on R.

PART VI. NA TALARKU (Nah-lahr'-koo) "On a Dime"

- 37-40 Shldr waist pos. Dance 24 tiny side steps CW, going around as often as possible "on the spot", 6 steps per meas.
- 41-80 Repeat entire dance from beginning.

PART VII. BRIDGE

- 81 Dropping M L and W R hand hold, balance away 3 steps.
- 82 Balance together 3 steps, momentarily hold hands as when finishing meas 80.
- 83 Hands on hips, M turns L and W turns R, once around with 3 steps.
- 84 Hands on hips, erect posture, stamp 3 times.

Repeat dance once more from the beginning. BRIDGE is done only once. This sequence containing the bridge fits this record.

English instructions by Grace Woolff. Not researched by R & S Comm. Institute – 28Oct67 Compton. Presented by Jan Sejda.