

KULSKA ŠIRA

Кулска Шира
(Bulgaria)

Source: This dance comes from the region around Kula, a town in N.W. Bulgaria near the border with Serbia and Romania. It is related to an earlier variation of a Sira taught by Yves Moreau in 1972 and is also reminiscent of the popular Vlaško. Learned in 1974.

Formation: Mixed lines, belt or hand hold. Face slightly R of ctr. Wt on L.

Meter: 2/4

Music: Special YM cassette.

Style: Steps are light, bouncy and proud.

Measure	Pattern
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1-16 Musical intro. No action.

I. BASIC

- 1 Facing LOD, step on R (1) step on L (2)
- 2 Facing ctr, step on R to R (1) step on L behind R (2)
- 3 Facing ctr, step on R to R (1) Close L to R (2)
- 4 Same as in meas. 3 but with opp direction & ftwrk
- 5 Repeat pattern of meas 3.
- 6 Heavy step on L slightly to L, bending L knee and sharply extending R leg across L, straight knee (1) step on R across L (2)
- 7 Facing ctr, step on L to L (1) close R to L (2)
- 8 Repeat pattern of meas. 7

II. BASIC WITH STOP

- 1-2 Repeat pattern of meas. 1-2, Fig. I
- 3 Sharp leap onto R ft in place, simult. raising L knee high & with L leg crossed in front of R (1) Pause (2)
- 4-8 Same as in meas. 4-8, Fig. I

III. BASIC WITH STOP & CROSSING STEPS

- 1-3 Repeat pattern of meas. 1-3, Fig. II
- 4 Step on L to L (1) cross R in front of L (&)
Step on L in place (2) step on R in place (&)
- 5 Same as in meas. 4, but with reverse dir. & ftwrk
- 6 Same as in meas. 4
- 7 Step on L to L bending L knee (1) slide R to L (&)
same as cts. 1 & (2 &)
- 8 Repeat pattern of meas. 7

Leader determines number of times for each Fig.

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