

KUMA ECHA
(Israel)

Source: Dance by Rivka Sturman
Record: Folkraft 1431
Formation: Dancers in a circle, facing center. Hands joined at hip level.

<u>Count</u>	<u>Figure I</u>
1	Step fwd on R. Begin raising arms fwd slowly, elbows slightly bent.
2	Step fwd on L.
3	Step fwd on R.
4	Hop on R in place. By now elbows are at shoulder level and hands are above head.
5	Step back on L. Begin lowering arms.
6	Step back on R.
7	Step back on L.
8	Hop on L. Arms are down now.
9	Cross R in front of L.
10	Step on L to L side.
11	Cross R behind L.
12	Leap lightly on L to L side.
13-16	Repeat 9-12 once more.
17-28	Repeat 1-12 once more.
29	Cross R in front of L.
30	Step on L to L side.
31	Step on R, making 1/4 turn to face CCW.
32	Step on L next to R.
	<u>Figure II</u>
	Dancers are facing CCW. And move CCW in this fig.
1	Light running step fwd on R.
2	" " " " " L.
3	Step on R, making 1/2 turn to the L to face CW.
4	Step back (CCW) on L.
5	Step on R, making 1/2 turn to the R to face CCW.
6	Step fwd on L.
7-14	Repeat 3-6 two more times.
15-16	Repeat 3-4 once.
	<u>Figure III</u>
	Dancers face center.
1	Step fwd on R.
2	" L.
3	" R.
4	High leap onto L.
5	Stamp fwd on R.
6	Step on L in place.
7	Step back on R.
8	" L.
9-16	Repeat 5-8 two more times.

Presented by Zafra Tatcher