

Lalica

(Northeast Bulgaria)

A slow dance of the “Dajcovo” family. From the area around Sumen. Danced at springtime. The name means “little tulip.”

Pronunciation: IAH-leeh-tsah

Music: Yves Moreau CD FB-007

Rhythm: 9/8. Counted here as 1-2,1-2,1-2,1-2-3 or Q-Q-Q-S (1,2,3,4)

Formation: Mixed open circle. Hands joined in W-pos. Wt on L, face ctr.

Styling: Proud and “earthy” (slight knee bend).

Meas

Pattern

8 meas INTRODUCTION (instrumental music) No action. Start with song.

I. TRAVEL STEP WITH STAMPS AND ARM MOTIONS

- 1 Step on R to R (ct 1); hold (ct 2); step on L behind R (ct 3); step on R to R (ct 4).
- 2 Facing R of ctr, step fwd on L (ct 1); hold (ct 2); step on R (ct 3); step on L (ct 4).
- 3 Facing ctr, step on R, extending arms fwd (ct 1); light stamp with L, no wt, next to R, arms continue extension downward (ct 2); step on L in place (ct 3); small stamp, no wt, with R next to L (ct 4).
- 4-12 Repeat meas 1-3, three more times

II. FORWARD AND BACK

- 1 Facing ctr, step fwd on R (ct 1); hold (ct 2); step fwd on L (ct 3); step fwd on R (ct 4).
- 2 Continuing fwd, step onto L (ct 1); hold (ct 2); step on R (ct 3); step on L (ct 4).
- 3-4 Repeat 1-2 with opp direction and ftwk (moving bkwd).
- 5-8 Repeat meas 1-4.

Dance repeats from beginning

Presented by Yves Moreau