

Lămîița
Romania

Lămîița (Lah-meh-eetsa) means "The Lime." This dance is from Northern Muntania.

RECORD: Romanian Tour 1977

FORMATION: A line, in front basket hold (R under, L over). Leader is on L of line.

METER: 4/4

PATTERN

Meas.

No Introduction.

FIG. I:

- 1 Moving to L, step R across L with bent knee (dip)(ct 1), step L to L (ct 2), repeat cts 1-2 (cts 3-4).
- 2-4 Repeat meas 1, 3 more times, except on last ct swing L in an arc across R.
- 5-8 Reverse meas 1-4.

FIG. II:

- 1 Moving diag L into ctr, step R across L (ct 1), step L to L (ct 2), step R across L (ct 3), swing L in an arc across R (ct 4).
- 2 Reverse meas 1.
- 3 Moving fwd twd ctr, step R across L (cts 1-2), step L across R (cts 3-4).
- 4 In place, stamp R twice (cts 1-2, 3-4).
- 5-6 Moving bkwd away from ctr do 2 two-steps: step R bkwd (ct 1), close L to R (ct 2), step R bkwd (ct 3), hold (ct 4). Step L bkwd of R (ct 1), close R to L (ct 2), step L bkwd (ct 3), hold (ct 4).
- 7 Moving bkwd, step R,L (cts 1-2, 3-4).
- 8 In place, stamp R twice (cts 1-2, 3-4).

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