

LAENDLER (Laendler from lower Bavaria)

Record: Tanz IP 58107

Formation: Couples on the line of the circle, all facing in LOD, she hooks her L arm into his R, inside hands are joined, he presses her arm toward him with his right elbow.

- Meas. 1st figure
 1-8 slow, lightly swinging walking steps, one step in each 3/4 meas. (dancers usually sing a song to this part)
- 2nd figure
 1-8 repetition release hold, she turns CW constantly, progressing in LOD (called) radeln) while he "stalks" after her (nächst eigen) one step per meas. for him, clapping.
- 3rd figure
 9-16 Two hand hold, arms stretched forward, position slightly askew, so that left shoulders are adjacent, move CCW, he one step in each measure, she three steps to a meas.. At meas. 15 release his left and her R hand, he turns CW under his right arm and stamps at meas. 16.
- 4th figure
 18 Two hand hold, partners facing, M back to center she turns once CW moving in LOD, swing joined hands over her head
 he turns once CCW moving in LOD, swing joined hands over his head
 19 as meas. 17
 20 swing joined hands forward - arms are crossed
 21-24 swing arms backward, release hold of his left and her right, she turns twice CCW under his raised R hand, turns once more CCW into his R arm, which then lies on her R shoulder, on meas. 24 he stamps.
- 5th figure
 25-26 She turns CW away from the hold, then assume two hand hold, and arms swing forward and backward
 27-32 as meas. 19-24, 4th figure
 There are a few ending measures which are at the same time introduction to the beginning: W turns CW, both face in LOD and assume position for the beginning of the dance.