

Presented by Stepehn Kotansky

LASSÚ PONTOZÓ (or SZÉGENYES)
Transylvania, Romania

The Lassú Pontozó (slow dotting dance) or Szégenyes (poor) is a slow Legénges (lad's) dance found amongst the Hungarians living between the Maros & Küküllő rivers in southern Transylvania. These variations were learned by Stephen Kotansky from Gyula Hajas.

RECORD: PAPRIKA PRESS (EP) PP-8601-B
SKS, Garlic Press, 002 (LP), Side _____, Band _____.

FORMATION: Solo Men's dance, free around the dance floor. Arms bent at elbow and held about shldr level out in front of body, fingers snapping *alternately*.

NOTE: This dance is traditionally done in an improvised or free style, adhering to it's particular structure. For learning purposes it will be taught and described in a fixed sequence.

METER: 2/4

PATTERNS

- Meas *INTRODUCTION: 16 meas "gottine up the courage" = walk in*
VARIATION I: a circle clapping hands in sequence thru then or
- 1 Step R (heel leading) slightly fwd and to R (ct 1); step L in back of R (ct &); step R slightly to R with slight plie (ct 2). *snapping fingers*
 - 2-4 Repeat meas 1, alternating ftwk and direction, 3 more times (4 in all).
 - 5 Step R (heel leading) slightly fwd and to R (ct 1); step L in back of R (ct &); step R to R (ct 2); step L in place (ct &).
 - 6 Step R in front of L (ct 1); step L back in place (ct &); *(ct 2) step R to R, hold with wt. on both ft (about 1 foot apart) KNEES SLIGHTLY BENT (ct 2)*
 - 7-8 *Low jump on both in place about 1 foot apart* Jump onto balls of both ft, R across L, knees well bent (ct 1). Rotate once slowly CCW (L) in plie until L ends in front (ct 2).

VARIATION II:

- 1 Hop on L in place as R executes a small CCW or inward circle (ronde de jambe)(ct 1); step R in front of L, R knee turned inward and R toe pointing to L (ct &); step L back in place (ct 2).
- 2 Lift twice on L as R leads outward executing 2 ronde de jambe CW (ct 1); close R to L (ct 2).
- 3-4 Repeat meas 1-2, with opp ftwk.
- 5 Clap hands tog fwd of chest as R lifts fwd, knee straight (ct 1); hop on L as R lifts fwd slap R hand on inner R boot top (ct &); leap R fwd while clapping both hands in front (ct 2); hop on R as L lifts back and R hand slaps inner L heel behind R leg (ct &).
- 6 Hop on R, bringing L through and fwd, clap hands in front (ct 1); hop on R and slap L hand against L inner boot top (ct &); step L in front of R (ct 2); step R back in place and clap hands in front (ct &).

7-8 Leaping L to L, slap R hand against R outer heel which is raised out to R side (ct 1); step on ball of R ft across L (wt on balls of both ft in plie), continue rotating CCW (L) as in meas 8, Var I.

VARIATION III:

1 Step R bkwd, knee slightly bent (ct 1); step L fwd, leg straight (ct &); step R back in place (ct 2); lift on R and bring L out around and back (ct &).

2-4 Repeat meas 1, alternating ftwk and direction, 3 more times (4 in all).

5 Step R bkwd (ct 1); hop on R and bring L up around and in back (ct &); step L bkwd (ct 2); hop on L and bring R up, round and in back (ct &). (Reel like)

6 Step R bkwd (ct 1); close L to R (ct 2).

7 Lift toes and roll back on both heel (ct 1); hold (ct 2).

8 Hold (ct 1); step R bkwd (ct 2); ~~shift wt fwd~~ ^{step} onto L (ct &).

VARIATION IV:

1 Hop on L in place as R hooks behind L ankle, bring R knee front R side to position in front of L leg (ct 1); step R in front of L (R knee turned in and R toe pointing to L (ct &); step L in place (ct 2).

2 Lift on L and execute 1 ronde de jambe outward CW (R) with R (ct 1); strike R heel fwd on floor (ct &); step R fwd (ct 2).

3-6 Repeat meas 1-2, alternating ftwk 2 more times (3 in all).

7 Lift L fwd (knee bent) and touch R fingertips to bottom of boot toe ^{from the side} as if wiping something off the bottoms (ct 1); hold or slowly release to straighten up (ct 2).

8 Continue (ct 1); step L bkwd (ct 2).

VARIATION V:

1 Bounce on L as R moves around and in back of L (ct 1); tap R toe behind L (ct &); bounce on L as R moves fwd and out to R of L (ct 2); tap R heel fwd (ct &).

2 Bounce on L as R raises slightly fwd (ct 1); tap R heel fwd (where it tapped before)(ct &); repeat cts 1, & (cts 2, &). Tap R heel twice in all ^{flicking heel up, out and down in small ccw circle between heel taps.}

3-4 Leaping on R in front of L reverse ftwk of meas 1-2.

5 Repeat meas 1.

6 Bring R bkwd and repeat meas 5.

7-8 Jump onto balls of both ft, R across L in plie and rotate once CCW (L) as in meas 7-8, Var I.

one slap on L at end next 15

Continued...

VARIATION VI:

- 1 Lift on L and slap R palm against R inner boot top which is extended fwd and slightly to R (ct 1); clap hands fwd at chest ht (ct &); step R beside L and clap both hands (ct 2); lift L leg up and fwd slightly to R and slap R hand against L upper thigh (ct &). *leaving out last slap to R thigh.*
- 2-4 Repeat meas 1 alternating ftwk and hand work, 3 more times (4 in all). *Low jump to both ft (slightly apart) with knees bent (ct &)*
- 5 *Low* Begin to leap up into the air with knees bent, ft back and out to side ~~and~~ clap hands in front of body (ct 1); slap palms against respective outer heel up in air (ct &); land on both ft (knees turned out) in plie (ct 2); slap palms against respective boot tops (ct &).
- 6 Jump into air off both ft (legs extended straight down (ct 1); clap hands in front (ct &); land and clap hands (ct 2); slap L palm against L upper thigh (ct &).
- 7 Raise R leg up and fwd, and slightly to R and slap R boot top with R palm (ct 1); hold (ct 2).
- 8 *OR* Lower R slowly to L (cts 1-2); *OR* ~~step R bwd (ct 1), step L fwd to place (ct 2).~~

VARIATION VII:

- 1-4 Repeat meas 1-4, Var VI (slap R; clap, R in pl; slap L w/R; rpt alternating, 4 in all)
- 5 *Left* Hop on L and raise R out to R (knee bent), slap R palm against R outer heel (ct 1); ~~lower R to ground~~ *lower R to ground with acct* wt on both ft, about 2' apart (ct &); ~~hold (ct 2); hop on R and slap L palm against L boot top (ct &).~~
- 6 Hold (ct 1); slap R palm against R boot top (ct &); slap L palm against L boot top (ct 2); hold (ct &).
- 7-8 Repeat meas 7-8, Var VI (slap R, close R)

SEQUENCE:

16 meas "getting up the courage" walk in a circle clapping hands in sequence rhythms or snapping fingers.

Variations I-VIII, one each time.