

LEFT FOOTER'S ONE-STEP

Round Dance



Record: Shaw No. 3315 - 33-1/3 rpm

Kit Pocket: No. 7

Formation: A circle of couples in semi-closed position.

Footwork: Opposite throughout M's L, W's R.

Measures:

- 1-2 **WALK, 2, 3, 4 (face); SIDE, CLOSE, SIDE, CLOSE;** Start L ft and walk fwd in LOD 4 steps turning to face partner during the 4th step and taking closed dance position: step to L side in LOD on L ft, close R ft to L taking wt on R ft, step again to L side in LOD on L ft, close R ft to L taking wt on R ft while turning to face in LOD in semi-closed dance position;
- 3-4 **Repeat action of Meas. 1 and 2** except to end in closed position, M's back twd COH;
- 5-6 **BACK IN, 2, 3, 4; SIDE, CLOSE, SIDE, CLOSE;** Start L ft and walk bwd twd COH 4 short steps: do 2 side-close steps in LOD starting L ft as in Meas. 2;
- 7-8 **WALK OUT, 2, 3, 4; SIDE, CLOSE, SIDE, CLOSE (to sidecar);** Start L ft and walk fwd twd wall 4 short steps: do 2 side-close steps in LOD starting L ft as in Meas. 2 except to end with L hips adjacent (sidecar pos), M facing RLOD and W facing LOD;
- 9-10 **BACKWARD, 2, 3, 4 (face); SIDE, CLOSE, SIDE, CLOSE (to banjo);** Start L ft and walk bwd 4 steps in LOD turning to face partner in closed position during 4th step: do 2 side-close steps in LOD starting L ft as in Meas. 2 except to end with R hips adjacent (banjo pos), M facing LOD and W facing RLOD;
- 11-12 **FORWARD, 2, 3, 4 (face); SIDE, CLOSE, SIDE, CLOSE (to semi-closed);** Start L ft and walk fwd in LOD 4 steps turning to face partner during the 4th step and taking closed position: do 2 side-close steps in LOD starting L ft as in Meas. 2, ending in semi-closed position facing in LOD.
- 13-14 **WALK, 2, TURN, POINT; WALK, 2, TURN, POINT;** Start L ft and walk fwd in LOD 3 steps, L-R-L, turning in twd partner to face RLOD during the 3rd step, point R toe fwd to floor; start R ft and walk fwd in RLOD 3 steps, R-L-R, turning in twd partner to face LOD during the 3rd step, point L toe fwd to floor;
- 15-16 **BALANCE FORWARD, AND BACK; TWIRL, 2, 3, 4, (to semi-closed);** Start L ft and do a two-step balance fwd in LOD, start R ft and do a two-step balance bwd in RLOD; as M walks alongside with 4 steps starting L ft, W makes a R face twirl with 4 steps while progressing in LOD, to end with partners taking semi-closed position facing LOD, ready to repeat the dance;

For Mixer - During the 8th measure allow the woman to travel forward to a new position.

Another good record to have! On the 'flip-side' of this dance is the music and cues for the "C. J. Mixer".