

LEGNALA DANA

MACEDONIAN

FORMATION: LINE DANCE, LOW HANDHOLD, FACING LOD.

COUNT

- 1-2 WALK R, L.
- 3-4 WALK R, POINT L TOE ALONGSIDE R FOOT. *(take weight)*
- 5-6 WALK L, TAKE TWO QUICK STEPS, R,L.
- 7-8 STEP R, (TURNING TO FACE CENTER), LIFT L IN FRONT OF R.
- 9-10 STEP L TO LEFT, STEP R BEHIND L.
- 11-12 STEP L TO LEFT, RAISE R IN FRONT OF LEFT.
- 13-14 STEP R FORWARD TOWARD CENTER (COUNT 13), SHIFT WEIGHT BACK ON LEFT (IN PLACE) AND STEP ON R ALONGSIDE L, (COUNT 14).
- 15-16 REPEAT 13&14 IN REVERSE, LEAVING RIGHT FOOT FREE TO START OVER.