

LEN IRTHĒ MAÏS (len-eer-thee (th as in thin) mah-EES)  
(Thrace, Greece)

Len Irthi Maï is from Thrace in northern Greece. In particular it is from the town of Soufli. The title comes from the song which is usually used for the dance, "They say May is coming". The dance has other titles: Aradiastite Sto Horó: Thrakikós Horós: Soufliótikos. Presented by John Pappas at the 1976 Mendocino Folklore Camp.











Bibliography: Greek Folk Dances, M. Vouras and R. Holden (N.J. 1965)  
Elliniki Hori, V. Papahristos (Athens, 1960)

Record: Folk Dancer 4051-A. 2/4 meter







Formation: A broken circle with hands joined at shldr ht, (or the hands may be down)

Characteristics: The style is fast, light, and happy - exuberant.

Meas. Ct.

I		Step to R on R ft (facing LOD)
		Step on L ft behind and close to R ft (facing LOD)
		Step fwd on R ft (facing LOD)
II		Step fwd on L ft (facing LOD)
		Step on R ft behind and close to L ft (facing LOD)
		Step fwd on L ft (facing LOD)
III		Facing cntr, step sdwd to R on R ft (raise arms)
		Hop on R ft swinging L ft behind R leg
IV		Step slightly back and L on L ft (lower arms)
		Hop on L ft swinging R ft behind L leg

VARIATION

I-II		Same as above first two meas
III		Facing cntr, step sdwd to R on R ft (raise arms)
		Step behind R ft on L ft
		Step in place on R ft
IV		Step slightly back and to L on L ft (lower arms)
		Step behind L ft on R ft
		Step in place on L ft

VAR. - ALL STEP HOPS IN MEAS 1-2  
VAR. - SLOW STEPS (w/ SLIGHT LFT) R & L IN MEAS 1-2