







LEN IRTHÍ MAÍS
(Thrace, Greece)

- Source: Len Irthí Maïs (len-eeer-thee (th as in thin) mah-EES) is from Thrace in northern Greece. In particular it is from the town of Soufli. The title comes from the song which is usually used for the dance, "They say May is coming." The dance has other titles: Aradiastíte Sto Horó; Thrakikós Horós; Eoufliótikos.
- Bibliography: Greek Folk Dances, M. Vouras and R. Holden (New Jersey, 1965) Elliniki Hori, V. Papahristos (Athens, 1960)
- Music: Folk Dancer 4051-A. 2/4 meter.
- Formation: A broken circle with hds joined at shoulder height, (or the hds may be down).
- Characteristics: The style is fast, light, and happy -- exuberant.

<u>Meas</u>	<u>Ct</u>	<u>Pattern</u>
I		Step to R on R ft (facing LOD). Step on L ft behind and close to R ft (facing LOD). Step fwd on R ft (facing LOD).
II		Step fwd on L ft (facing LOD). Step on R ft behind and close to L ft (facing LOD). Step fwd on L ft (facing LOD).
III		Facing ctr, step sdwd to R on R ft (raise arms). Hop on R ft swinging L ft behind R leg.
IV		Step slightly back and L on L ft (lower arms). Hop on L ft swinging R ft behind L leg.

VARIATION

I-II		Same as above first two meas.
III		Facing ctr, step sdwd to R on R ft (raise arms). Step behind R ft on L ft. Step in place on R ft.
IV		Step slightly back and to L on L ft (lower arms). Step behind L ft on R ft. Step in place on L ft.

NOTE: Do each variation as many times as the leader chooses.

Presented by John Pappas