

LENCIŪGĒLIS  
(lyahn-tsew-geh-lies)

(Exhibition routine for 4 women and 1 man)

Translation: The Little Chain.

Record: Folkraft LP-35 (side A band 5) — 3:00.

Music 2/4

Measure


ENTRANCE

- 1-16 Women in single file in order 3-4-1-2, each holding waist of woman in front, woman 3 facing and holding hands with the man, and with POLKA STEPS man move backward and pull the women forward with serpentine and haripin turns; finish moving toward stage right and drop off woman 2 then (about 5 feet further) woman 1, then after a turn in back of woman 1 drop off woman 4 then (about 5 feet further) woman 3, then all face audience and POLKA in place in formation shown at right below.



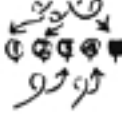


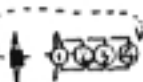




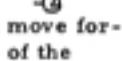

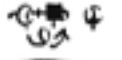

FIGURES

- 1-4 One LENCĪŪGĒLIS STEP in place.
- 5-7 Hands on own hips, man move around woman 1 with three POLKA STEPS and flirt while she turns away, ignoring him; other three women do the LENCĪŪGĒLIS STEP in place.
- 8  All STAMP three times in place (counts 1-and-2).
- 9-12 Man move similarly around woman 2; women 1 and 3, leading with right shoulders, pass back to back and exchange places with three POLKA STEPS; woman 4 does the LENCĪŪGĒLIS STEP in place; then all STAMP three times in place.
- 13-16 Man move similarly around woman 3 (now in position of woman 1); woman 2 and 4 change places (as did women 1 and 3); woman 1 does the LENCĪŪGĒLIS STEP in place; then all STAMP three times in place.
- 17-20 Man move similarly around woman 4 (now in position of woman 2); other three women do the LENCĪŪGĒLIS STEP in place; then all STAMP three times in place. Finish with man in the front line between women 3 and 4 (woman 2 is now behind 3, woman 1 behind 4).
- 21-22 Man join inside hands with women 3 and 4 and with two POLKA STEPS wind them in toward him with one turn (woman 3 turn left, woman 4 turn right) to finish with hands still joined and resting over women's shoulders, both women looking at the man. Rear women turn similarly but do not join hands, merely hold on to their skirts and change places.
- 23-24 With two POLKA STEPS man turn women 3 and 4 out to their original places and release their hands, he moving backward; rear women continue to their new places.
- 25-28 REPEAT measures 21-24, man now in rear line turning women 1 and 2. Front women likewise repeat the single turns but do not change places.

LENCĪŪGĒLIS STEP (): With weight on left foot, hop on left foot and touch right heel forward (count 1), hop on left foot and touch right toe backward (count 2), three steps (right, left, right) in place (counts 3-and-4), and repeat, reversing footwork (counts 5-8).

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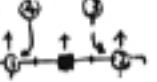
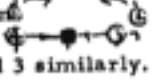
Lenciūgēlis, continued

- 29-32 Man release women's hands. With four POLKA STEPS man move forward turning left, women 1 and 2 move forward turning right, women 3 and 4 move backward turning left, to finish in one line all facing front with man on the left end. 
- 1-2 With two POLKA STEPS man pass woman 4 from his right hand to his left hand as she turns left once around in front of him to finish on his left side. 
- 3-8 Man REPEAT this exchange with women 3, 2 then 1 in turn, to finish in one line all facing front with man on the right end. 
- 1-8 Women turn 1/4 right (face man) each holding waist of woman in front. Man, hands on own hips and about 4 feet from woman 1, moves backward in a cricle with women following and with eight POLKA STEPS lead women again into the same straight line. 
- 1-2 All women do the LENCIUGELIS STEP in place while man CLAP own hands (count 1), pause (count 2), then with a movement of his right hand "chase" woman 1 away, she moving with one POLKA STEP behind women's backs to her original position at the beginning of the dance while other women move closer to the man. 
- 3-8 REPEAT measures 1-2 thrice (4 times in all): man clap then "chase" each woman in turn until all resume original positions (woman 4 behind 1, woman 3 behind 2), with man between women 1 and 4, all facing audience. 
- All turn right shoulder toward audience.
- 1-2 Man: Two long POLKA STEPS to head of set where he turns and spreads his hands as though wanting to embrace the women, Women: "Angry" at having been chased away (in previous figure) they turn their backs to man (left shoulder to audience) with two STEP-SWINGS (left, right) in place. 
- 3-4 Women: Two POLKA STEPS forward as though running away from man; man acts "hurt". 
- 5-8 REPEAT measures 1-4. 
- 9-12 REPEAT measures 1-4 again (3 times in all) except this time man move forward with the women (measures 11-12) and stop in the very center of the square, then all turn 1/4 left to face audience. 
- 1-8 Man JUMP toward woman 1, take her left hand in his right and swing her over to his left side (measures 1-2), then take her right hand in his left and swing her over to his right side (measures 3-4), and repeat (measures 5-8). 
- 9-16 With eight POLKA STEPS woman 1 "escape" turning to her right to move clockwise once around the other women and back to her place while man "chase" her. Other women do the LENCIUGELIS STEPS in place. 
- 17-32 Man REPEAT measures 1-16 with woman 2. Finish with man in center of the four women.

Two STEP-SWINGS (left, right)(*ddd*): Step on left foot in place (count 1), swing right leg across in front of left (count 2), and repeat, reversing footwork (counts 3-4).

*Continued...*

Lenciūgēlis, continued

- 1-4 Man take left hand of woman 4 with his right hand and right hand of woman 2 with his left hand to form a diagonal line, then with four POLKA STEPS women move forward changing places with woman 4 going under the arch and continue moving completely around man with woman 2 going under the arch then release hands and return to place; man turn in place with the LENCIOGĒLIS STEP; women 1 and 3 do the LENCIOGĒLIS STEP in place. 
- 5-8 Man REPEAT measures 1-4 with other women, woman 3 on his right hand and going under first. Finish all facing forward.
- 1-8 Women 1 and 4 join left hands, women 2 and 3 join right hands, man (in the center) extend arms and place hands over joined hands of women forming a type of star or mill: all move clockwise with three POLKA STEPS (measures 1-3), three STAMPS (measure 4), and repeat (measures 5-8). Women 2 and 3 move forward, women 1 and 4 move backward. Release hands at the end. 
- 1-8 Man (only) GRAND RIGHT AND LEFT with elbows, all with POLKA STEPS: man right ELBOW SWING with woman 2, women 3 and 4 the same, woman 1 turn alone (measures 1-2), man progress and left ELBOW SWING with woman 3, women 4 and 1 the same, woman 2 turn alone (measures 3-4), man progress and right ELBOW SWING with woman 4, women 1 and 2 the same, woman 3 turn alone (measures 5-6), man progress and left ELBOW SWING with woman 1, women 2 and 3 the same, woman 4 turn alone (measures 7-8).
- 1-8 All with POLKA STEPS: four women circle left while man, hands on hips, move counterclockwise around outside (measures 1-6), women release hands and move to original position while man enter their square between women 3 and 4 and finish standing between women 2 and 1 in the front line (measures 7-8). 
- 1-2 With two POLKA STEPS: man join hands with front women, stretching arms wide to form arches, and this trio move backward while back women move forward under the arches and each push away a front woman replacing her and joining hands with the man. 
- 3-4 The new trio (man with women 3 and 4) move forward as women 1 and 2 turn outward once around and face each other. 
- 5-8 REPEAT measures 1-4, women 1 and 2 replacing women 4 and 3 similarly.
- 1-4 Release hands and man does the LENCIOGĒLIS STEP while women turn outward toward their own home positions with four POLKA STEPS.
- 5+ With POLKA STEPS man turn to the outside between women 1 and 4 while all the women turn toward the center and move into a close group (women 1 and 4 have left shoulders toward center, women 2 and 3 have right shoulders toward center). Women whisper something to each other then, with POLKA STEPS, scatter away behind the man who is oblivious to their "escape". Man, with air of bravado, does the LENCIOGĒLIS STEP then turns to see what the women thing of his prowess but finds no women. (Sometimes other men, not previously involved in the pantomime, replace the women at this point and "heckle" the man.) Man dances off in disappointment. Moral: if one flirts with too many he is likely to be left with none. 