

ZENIL SI JE SIROTEK - DRMACICA
(Lepa Moja Milena)

SOURCE: These two dances were learned by Bill Burke of the Aman Folk Ensemble at the Institute of Yugoslav Dance held in Badija in 1971 and introduced by him at the Aman Institute held in Los Angeles in 1973.

RECORD: FR-4115-A

FORMATION: Hands held in circle. Hands remain down for slow part, come up straight, slightly above shoulder height and slightly forward, during fast chorus. Hands on waists for Drmacica.

STEPS & STYLING: These dances are danced on the entire foot.

2/4

PATTERN

measures

ZENIL SI JE SIROTEK (LEPA MOJA MILENA)

PART I: Men's and Ladies' Verses

1 Men's verse: Moving RLOD, in a sauntering fashion, walk L (ct 1), walk R (ct 2).

2-8 Repeat meas 1 seven times.

9 Women's verse: L leg swings around in front and circle begins moving LOD with a walk L (ct 1), walk R (ct 2).

10-16 Continue walking as in meas 9, ending facing ctr with last step on R.

PART II: Chorus

1 Facing ctr, holding hands up and slightly fwd, step L to L (ct 1), step R next to L (ct 2).

2 Step L to L (ct 1), touch R next to L (ct 2).

3-4 Repeat meas 1-2, opp ftwk, moving R.

5-16 Repeat meas 1-4 three more times. There are drmes (shaking) steps, the drmes becoming more prominent, by means of flexing the knees, as the music speeds up. Repeat Parts I and II twice more; place hands on hips for DRMACICA

1 Moving LOD, step on R with slightly bent knee (ct 1), step L with fairly straight leg (ct 2), step R with fairly straight leg (ct &). Step should move slowly in LOD with slight body turn on ct 1 of each measure, caused by stepping slightly pigeon-toed.

2 Repeat meas 1, opp ftwk, continuing to move LOD.

3-8 Repeat meas 1, 2, 1, 2, 1, 2.

9-11 Facing ctr, feet firmly planted about 6" apart, drmes (shake) in place for 6 counts.

12 Flex knees strongly (ct 1), straighten (ct &), flex (ct 2), straighten (ct &).

13-16 Repeat meas 9-12.

Dance repeats to end of music.

Presented at Statewide Institute, San Diego, 1973.