

LERIKOS
(Greek)

This dance, as its name indicates, is a popular dance from the island of Leros in the Dodecanese group. The dance is to the sousta as the slow hassapiko is to the fast hassapiko; i.e. a slow section which gradually accelerated to the fast section and which, in the course of time, became a separate dance unto itself. (From Folk Dance of the Greeks by Theodore and Elfleida Petrides).

(Continued)

Music: Record: Nina 613-B. RCA 26-8166.

Formation: Open circle moving CCW. Basketweave handhold.

Style: Slow and heavy with a restrained vigor.

Measures

2/4

Pattern

BASIC STEP

- 1 Step R to R (ct 1), cross L behind R (ct 2).
- 2 Step R to R (ct 1), Close L to R (ct 2), or slide L to R gradually lifting L ft up behind R (calf high), bending L knee.
- 3 Step fwd on L (ct 1), step on ball of R ft close to L (ct 2), step L fwd (ct 2).

VARIATION I

- 1 Step R to R (ct 1), cross L behind R (ct 2).
- 2 Step R to R (ct 1) and quickly bring the L ft to the R calf, step fwd on L (ct 2), close R to L (ct 2).
- 3 Repeat action of meas 3 of Basic Step.

Presented by: Stan Isaacs