

LESNOTO



Lazaropolje - Galicnik (Macedonia)

Rhythm: 7/8

Measure 1 - Step with R to R (1); Prepare L to step to R (2); Hold (3); Light bounce on R (1); Hold (2); Step to L to R crossing R ft (1); Hold (2).

2 - Step with R to R (1); Lift L in front of R knee (2); Crossing it with L ft (3); Hold (small bounce)(1); Hold (2); Hold (small bounce) (1); Hold (2).

3 - Mirror version of Measure 2.

Repeat to end of music.

*Barma kole  
yellow  
cover*