Presented by Dani Dassa

LI LACH (For Me and You)

SOURCE: Choreographed by Down Dassa

RECORD: Ly Lach 45 RPM

FORMATION: Couples, moving CCW, boys in, back to center, Girls facing

4/4	PATTERN
Counts	PART I Holding both hands, shoulder level-M step noted-W op
1-2	Step L to L side, shifting wt.
3-4 5 6 7	Step R to R side
5	Step L to L side
0	Release L hand, cross R in front of L Step L in place
8	Step R to R side to original position
9-11	Step L to L side, R to R, L to L
12	Release L hand, cross R foot in front of L
13	Step L hack, releasing hands
14-16	Take 3 steps, full turn to R, joining hands again
17-32	Repeat 1-16
	PART II- Release L Hand
1-2	Step hop on L facing CCW
3-4	Step hop on R fwd
5	Step L bwd
6	Step R to R side, facing partner
7-8	Step hop L fwd
9-10 11-12	Step hop R bwd Step hop L fwd
13	Step R bwd
14	Step L fwd
15	Close R to L
16	Hold
17-28	Repeat 1-12
29	Step R bwd
30	Step L bwd
31-32	Close R to L and hold
1 0	PART III Facing partner, arms up swaying
1-8	Take 4 polka steps, LRLR, meeting partner (at 8th count M hold W waist, W hands on M shoulders)
9-32	Polka
80 1156500	STOCKED LINEAR CONTROL
	Repeat from boginning
	2 d Line thou polka to and of music.