

LIK RAT SHABAT

Line dance, facing in twd Ctr, hands joined down. R footed dance.

Pattern: verse 1, verse 2.

Verse 1. Counts 9-16 common to both verses.

PART I

- | | | | |
|----------------|------|---|---|
| 1 | R | } | Yemenite right. |
| 2 | L | | |
| 3 | R | | |
| 4 | L | | |
| 5 | R | } | step to side, around Cw, facing in twd Ctr, crossing R over L. |
| 6 | L | | |
| 7 | R | | |
| 8 | L | | |
| 9 | R | | sway to side, around Ccw. |
| 10 | L | | step to side, back to place. |
| 11 | R | } | sway fwd, twd Ctr, raising arms fwd to shoulder height, elbows slightly bent. |
| 12 | hold | | |
| 13 | L | | step back to place, lowering arms. |
| 14 | R | | close, hands down. |
| 15 | L | | close |
| 16 | hold | | |
| 17-32: repeat. | | | |

PART II

Counts 1-8 common to both verses.

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|----------------|------|---|---|
| 1 | R | | rock fwd, twd Ctr, bring hands up to shoulders. |
| 2 | L | | rock back to place, lowering hands. |
| 3 | R | | close, hands down. |
| 4 | hold | | |
| 5 | L | } | reversing 1-4, hands coming up to shoulders and then back down again. |
| 6 | R | | |
| 7 | L | | |
| 8 | hold | | |
| 9 | R | | step to side, around Ccw, facing in twd Ctr, raising hands up wide. |
| 10 | hold | | |
| 11 | (L) | | touch toe across behind R, looking to right and dipping R knee, hands up. |
| 12 | hold | | |
| 13 | L | | step to side, around Cw. |
| 14 | hold | | |
| 15 | (R) | | touch toe across behind L, looking to left and dipping L knee, hands up. |
| 16 | hold | | |
| 17-32: repeat. | | | |

Verse 2.

PART I

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|---|---|---|--|
| 1 | R | } | Yemenite right, facing in twd Ctr; then release hands. |
| 2 | L | | |
| 3 | R | | |
| 4 | L | | |
| 5 | R | } | with R hand raised high fwd, move slowly CCW through Cw, out from Ctr, and Ccw in a small circle out of main circle, making one full revolution and ending in original position. |
| 6 | L | | |
| 7 | R | | |
| 8 | L | | |
| 9-16: repeat verse 1, PART I, 9-16, hands rejoined. | | | |
| 17-32: repeat. | | | |

continued...

PART II

- 1-8: repeat verse 1, PART II, 1-8.
9 R step to side, around Ccw, turning to face Ccw, releasing hands.
10 hold
11 (L) close, bending knees, dropping head, crossing wrists and snapping fingers.
12 hold
13 L step back, around Cw, turning through Ctr to face Cw.
14 hold
15 (R) close, bending knees, dropping head, crossing wrists and snapping fingers.
16 hold
17-32: repeat; then rejoin hands at end.