# Liljano Mome

(Bulgaria)

A variation of the popular *Širto* type of dance common throughout the Pirin-Macedonia region of Bulgaria. This version was introduced by Belčo Stanev from Varna.

Pronunciation: lee-LYAH-noh MOH-meh

Music: 7/8 meter (SQQ) CD: Yves Moreau Stockton Folk Dance Camp 2009, Band 9.

Formation: Mixed open circle; hands in W-pos; face LOD, wt on L.

Styling: Light and proud.

Meas Music: 7/8 meter Pattern

1-8 <u>INTRODUCTION</u> Instrumental music. Start with song.

#### I. BASIC PATTERN

- Moving LOD, step on R (ct  $\underline{1}$ ); step on L (ct  $\underline{2}$ ); step on R (ct  $\underline{3}$ ).
- Step on L (ct  $\underline{1}$ ); step on R (ct  $\underline{2}$ ); step on L (ct  $\underline{3}$ ).
- 3 Still facing LOD, step back on R (ct 1); step back on L (ct 2); step back on R (ct 3).
- Facing ctr, step on L (ct <u>1</u>); step on R in front of L, bringing arms down (ct 2); step on L in place (ct 3). **Note:** steps moving bkwd are *smaller* than ones moving fwd.
- S-16 Repeat meas 1-4 three more times (4 total), arms coming back up to W-pos to start the figure.

#### II. VARIATION

- 1-2 Repeat Fig I, meas 1-2.
- Facing L of ctr, step on R (ct 1); facing ctr, step on L (ct 2); step on R behind L (ct 3).
- 4 Repeat Fig I, meas 4. **Note:** steps moving to L are *smaller* than ones moving to the R.
- 5-8 Repeat meas 1-4.

Dance repeats from beginning, arms in W-pos.

Presented by Yves Moreau

### Liljano Mome—continued

## **LILJANO MOME Lyrics**

(Bulgaria-Pirin)

// Liljano mome, Liljano ja stani rano pri zori (2) libeto si pregârni //

// Ne e izlezla, Liljana naj izlezla majka i Ljuti si kletvi kâlneše i na Georgi dumaše

// Idi si, Georgi, idi si Liljana bolna legnala (2) i ne može da stane //

// Ne mi go laži, mamo ma ja sam si Georgi ljubila (2) za nego ke se ožena // Liljana, young lady get up early at dawn and give your sweetheart a hug

Liljana didn't come out but her mother did instead and she moaned and said to Georgi:

Go home, Georgi Liljana is sick in bed and cannot get up

Don't lie to him, mama I've fallen in love with Georgi and will marry him!