

LILKA  
(Serbia)

Traditional Serbian dance from the Nišava valley - Gnjilane, Velika Luganja, Pirot.

Pronunciation: LEEL-kah

Record: BK 4-75 5/8 meter

Formation: Lines with belt handhold.

Meas

Pattern

8

INTRO

- FIGURE I. (Hop & 3 light running steps) WITH R RAISED IN FRONT KNEES BENT
- 1 (Body turned slightly to the R.) (ct 1) Hop on L, ~~step~~ (ct 2) Step on L, lift R; (ct 3) Step on R, lift L; (ct 4) Hop on R; (ct 5) Hold. (Moving in LOD.)
- 2 (ct 1) Hop on R, step on L, lift R; (ct 2) Running step with R, lift L; (ct 3) Running step with L, lift R; (ct 4) Hop on L; (ct 5) Hold. (Moving in LOD.)
- 3 (Turn body twd ctr of circle. Moving bkwd out of circle.) (ct 1) Hop on L, step on R, lift L; (ct 2) Running step on L, lift R; (ct 3) Running step on R, lift L; (ct 4) Hop on R; (ct 5) Hold.
- 4 (Moving fwd twd ctr of circle.) (ct 1) Hop on R, step on L, lift R; (ct 2) Running step on R, lift L; (ct 3) Running step on L, lift R; (ct 4) Hop on L; (ct 5) Hold.
- 5-8 Repeat Fig. I.

FIGURE II.

BODY TILTS BWD ON MEAS 1, FWD ON MEAS 2

- 1 (Facing ctr of circle.) (ct 1) Running step with R fwd, lift L; (ct 2) Running step with L fwd, lift R; (ct 3) Running step with R fwd, lift L; (ct 4) Stamp with L (wt is on R); (ct 5) Hold.
- 2 (ct 1) Running step bkwd with L, lift R; (ct 2) Running step bkwd with R, lift L; (ct 3) Running step bkwd with L, lift R; (ct 4) Touch floor with R toes (straightening R leg behind body); (ct 5) Hold (wt on L)
- 3-8 Repeat Fig. II three <sup>more</sup> times (A IN ALL)

FIGURE III.

RAISE R IN FRONT KNEES BENT

- 1 (Turn body slightly to the R.) (ct 1) Hop on L, ~~step~~ (ct 2) Running step with R, lift L; (ct 3) Running step with L, lift R; (ct 4) Running step with R, lift L; (ct 5) Hold. (Moving LOD.)

Continued...

LILKA (continued)

- RAISE L IN FRONT KNEE BENT
- 2 (ct 1) Hop on R, ~~lift L~~; (ct 2) Running step with L, lift R;  
(ct 3) Running step with R, lift L; (ct 4) Running step with L,  
lift R; (ct 5) Hold.
- 3 (Turn body to L; moving bkwd but in LOD.) (ct 1) Hop on L,  
~~lift R~~; (ct 2) Running step bkwd with R, lift L; (ct 3) Running  
step bkwd with L, lift R; (ct 4) Running step bkwd with R,  
lift L; (ct 5) Hold. RAISE L IN FRONT KNEE BENT
- 4 (ct 1) Hop on R, ~~lift L~~; (ct 2) Running step bkwd with L,  
lift R; (ct 3) Running step bkwd with R, lift L; (ct 4)  
Running step bkwd with L, lift R; (ct 5) Hold. TURN TO FACE LOD
- 5-8 Repeat Fig. III.

Presented by Bora Gajicki

I A { 2 Dajčovo ~~Front~~ NE  
2 Dajčovo Bk. SE

Repeat A

II 4 Dajčovo ← circle (2 NE 1 SW 1 NW)

III B { 3 steps in stamp L  
3 steps out touch R behind