

Presented by Morley Leyton &
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Poland

This dance is from the Cieszyn region and was learned by Morley Leyton from Janina Marcinkowa of Cieszyn, Poland in 1969.

PRONUNCIATION: Leaŕ-ka Cheñ-shin

REOCD: LTN-4. Note that the tempo on LTN-1 are not compatible.

FORMATION: 4 cpls in a square, W on M R. Arms are straight down with inside hands joined.

METER: 3/4

PATTERN

Meas

PART I: (Slow)

- 1-2 Head cpls change places CW inside the square, M leads and W trails behind in his path. Both begin with L ft, take 5 steps and close on the 6th step.
- 3-4 Side cpls do the same.
- 5-8 Repeat meas 1-4, returning to home pos.

PART II: (Fast)

MEN:

- 1-2 Walk 6 fast steps to opp W: Clap hands on ct 1, then for the next 5 cts hold arms like an airplane, R arm twd the ctr a little lower than the L arm which is away from ctr. Cross directly to your L side of opp W, on 6th ct join M R arm through opp W R arm.
- 3 With R elbows joined with opp W, keep L hand out straight and do 1/2 CW turn as a cpl with 3 fast, smooth walking steps.
- 4 Do 2 stamps in opp M place while releasing R elbow so that opp W ends up on R as in orig pos. At the same time bring L hand down to hip.
- 5-8 Repeat meas 1-4, but return to your own ptr in orig place.
- 9-16 Repeat meas 1-8.

WOMEN:

- 1-2 Stay in place with hands on hips and do 2 complete turns CCW (L) in place by taking 5 flat-footed steps and closing both ft tog on 6th ct as preparation for reversing dir and turn. It is easier to beg with R ft. Finish facing ctr of square.
- 3 As a cpl do 2 turns CW (R) with 3 steps, R elbows joined with opp W.
- 4 M releases W R elbow and W completes turn in place to orig pos, with 2 stamp-pivots, hands on hips.
- 5-8 Repeat meas 1-4 with orig ptr.
- 9-16 Repeat meas 1-8.

PART III: (Slow)

Same as Part I, except cpls may add a slow turn in place CCW with inside arms held horizontally fwd while the side cpls are changing places (6 cts). This is to be done only after cpl so that head cpls get to do this twice and side cpls only once.

REPEAT FAST PART, PART II.