

LIPKA (Leap'-kah)

Dance from Cieszyn. This dance was learned from Janina Marcinkowa of Cieszyn, Poland.
Music: LTN 1 or LTN 4 (Tempos are better on 4)
Formation: 4 cpls in a square, W on M R. Arms are straight down with inside hds joined.
Words: W polu lipka stoi
listeczki padaja
o Tobie syneczku
ludzie powiadaja.

Part I Slow

Measure

- 1-2 Head cpls change places by taking 6 walking step, CW, inside the square. The M leads and the W trails behind. Begin with L ft.
3-4 Side cpls do the same.
5-8 Repeat 1-4

Part II Fast (slow down the record for this part)

M Part

- 1-2 Take 6 running steps to get to opp M place;
Clap hds on ct 1 and for the next 5 cts have the arms like an airplane, the P arm towards the ctr a little lower than the L arm which is away from the ctr
The 4 M form a R hds star, without holding hds, and rotate $\frac{1}{2}$ circle CW.
3 Join R elbows with opp W, keeping L hd out straight and do $\frac{1}{2}$ turns CW with 3 running steps.
4 Do 2 stamps in opp M place; release elbows and place W on R in her original posn. At the same time, bring both hds down to the hips.
5-8 Same as 1-4, but returning home to your own ptr.
9-16 Repeat 1-8

W Part

- 1-2 Stay in place, hds on hips. Do 2 complete turns CCW in place by taking 5 flat-footed steps and closing both ft together on the 6th ct, since you now have to completely reverse the direction you turn.
3 Execute $\frac{1}{2}$ turn CW, R elbow joined with opp M.
4 Release elbows and return to original place, doing 2 stamp-pivots to face ctr. Hds on hips.
5-16 Repeat 1-4 three more times.

Part III Same as Part I, except that head cpls add a slow turn in place CCW with the inside arms held straight fwd while the side cpls are changing places (6 cts). The side cpls do this turn only following their 1st crossing, not before.

Part IV Same as Part II.