

# DISC - CRIPTIONS

## LO A'HAVTI DY (Israel)

PRONUNCIATION: loh ah-HAHF-tee digh.

RECORDS: Originally on an LP issued at the 1978 San Luis Obispo, CA "6th Annual Israeli Folk Dance Institute", reissued on Blue Star Camp - 1978, Y-111, Side II, Band 3, "Lo Havti Dy", (12", 33 1/3 rpm).

SOURCE: Learned from Jan Moss in Chicago, March 1979.

RHYTHM: 2/4.

FORMATION: Mixed circle, hands joined down at sides ("V" position), facing ctr.

In a large group, it is fun to do this dance in two concentric circles, the inner circle facing out (Footwork remains the same, so that sideward movement is in opposite directions while fwd and bkwd movement is twd and away from other circle).

---

### PATERN

---

Meas 7 Measure Instrumental Introduction

#### FIGURE I

- 1-2 Facing fwd and moving in RLOD (CW), step to L on R ft, crossing in front of L ft (ct 1), step to L on L ft (ct 2). Step to L on R ft, crossing behind L ft (ct 1), step to L on L ft (ct 2).
- 3-4 Repeat action of Fig I, Meas 1-2 exactly.
- 5-6 Releasing hands, step fwd on R ft, moving hands fwd at waist level with palms up (ct 1), step back in place on L ft (ct 2). Step on R ft next to L ft, moving hands back twd body with palms down (ct 1), step on L ft in place (ct 2).
- 7-8 Repeat action of Fig I, Meas 5-6 exactly.
- 9-16 Repeat action of Fig I, Meas 1-8 exactly.

#### FIGURE II

- 1-2 Walk fwd twd ctr 4 steps, beginning on R ft, moving hands up fwd to shoulder level with palms down (cts 1, 2, 1, 2).
- 3-4 Walk bkwd to original place 4 steps, beginning on R ft, returning hands back down to sides with palms remaining down (cts 1, 2, 1, 2).
- 5 Hop in place on L ft, swaying both hands to R slightly (ct 1), step to R on R ft (ct &), close L ft next to R ft, taking wt (ct 2), hold (ct &). Return hands to place during cts &-2-&.
- 6 Repeat action of Fig II, Meas 5 exactly.
- 7-8 Turn one full CW turn in place with 4 steps, beginning on R ft (cts 1, 2, 1, 2).
- 9-16 Repeat action of Fig II, Meas 1-8 exactly.

Rejoin hands to begin entire dance from the beginning.

Notation by Dee and Frank Alsberg, as taught by them at  
International House of the University of Chicago, January 1980